Fever Accentuates Transmural Dispersion of Repolarization and Facilitates Development of Early Afterdepolarizations and Torsade de Pointes Under Long-QT Conditions

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Background—The arrhythmogenic effects of hyperthermia have been highlighted in the Brugada syndrome but remain largely unexplored in other arrhythmic syndromes. The present study examines the effect of hyperthermia on transmural dispersion of action potential duration (TD-APD), early afterdepolarization (EAD) activity, and torsade de pointes (TdP) under long-QT conditions.

Methods and Results—Standard and floating glass microelectrodes were used to record action potentials from epicardial, M cell, and endocardial regions of the arterially perfused left ventricle wedge, from tissue slices isolated from these regions, and from isolated Purkinje fibers. A transmural ECG was simultaneously recorded across the wedge. Under baseline conditions and in the presence of IKs block (chromanol 293B), hyperthermia (39°C to 40°C) abbreviated APD in tissue slices from all 3 regions. In the presence of IKs block (E-4031), hyperthermia prolonged APD and induced or augmented EADs in M cell and Purkinje preparations at pacing cycle lengths ≥800 ms but abbreviated APD in epicardium and endocardium, resulting in a marked accentuation of TD-APD. Ryanodine prevented the hyperthermia-induced EAD. In perfused wedge preparations, hyperthermia abbreviated APD throughout both in the absence or presence of IKs or IKr block and did not induce EADs or TdP. Combined IKs and IKr block increased TD-APD and induced EADs (4/12) and spontaneous TdP (3/12) at 36°C to 37°C; hyperthermia (39°C to 40°C) further accentuated TD-APD and facilitated the development of EAD activity (9/12) and TdP (6/12).

Conclusions—Our findings suggest that hyperthermia can be associated with an increased arrhythmic risk when the repolarization reserve of the myocardium is compromised. (Circ Arrhythmia Electrophysiol. 2008;1:202-208.)

Key Words: arrhythmias ■ electrophysiology ■ fever ■ long-QT syndrome ■ triggered activity

Although reduced repolarization reserve of the myocardium is encountered under a number of clinical conditions (congenital and acquired long-QT syndromes [LQTSs], heart failure, hypertrophic and dilated cardiomyopathy, hypothyroidism, etc.) and hyperthermia (secondary to fever, heat stroke, drugs, or exercise) is a common clinical syndrome, little is known about the electrophysiological effects of hyperthermia in hearts with a reduced repolarization reserve. Independently, prolonged repolarization due to reduced repolarization reserve and hyperthermia are known to be capable of inducing or promoting ventricular arhythmias in humans.1-11 A recent clinical study has demonstrated that fever can be a risk factor for the development of life-threatening ventricular arhythmias in the LQT2 form of congenital LQTS.12 Under normothermic conditions, ventricular arrhythmias associated with prolonged repolarization generally involve the development of early afterdepolarizations (EAD) and augmented spatial dispersion of repolarization.13 The mechanisms responsible for hyperthermia-induced arrhythmias are not well understood in the majority of cases. Nine years ago, our group revealed an interesting mechanism by which hyperthermia could unmask or accentuate ST-segment elevation and arrhythmogenicity in the Brugada syndrome.14 The aim of this study was to probe the effects of hyperthermia on transmural dispersion of repolarization, EAD activity, and the development of spontaneous torsade de pointes (TdP) arrhythmias under conditions of prolonged repolarization (Ik and/or Ir blockers) in canine left ventricular isolated tissue, Purkinje fibers, and coronary-perfused wedge preparations.

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Methods
This investigation conforms to the Guide for Care and Use of Laboratory Animals published by the National Institutes of Health (NIH publication 85 to 23, Revised 1996) and was approved by the ACUC of the Masonic Medical Research Laboratory.
Isolated Tissue Slice Preparations
Free running Purkinje fiber, epicardial, endocardial, and M-cell preparations (strips 1×0.5×0.1 cm) were isolated from left ventricle of hearts removed from anesthetized (30 mg/kg sodium pentobarbital) mongrel dogs. The preparations, isolated using a dermatome (Davol Simon Dermatome, Cranston, RI), were placed in a tissue bath (volume, 5 mL; flow rate, 12 mL/min) and allowed to equilibrate for at least 3 hours while superfused with oxygenated Tyrode’s solution (36.5±0.5°C, pH 7.35) and stimulated at a basic cycle length (BCL) of 500 ms using field or point stimulation (rectangular stimuli 1- to 3-ms duration, 2 to 3 times diastolic threshold intensity). The composition of the Tyrode’s solution was (in mM): NaCl 129, KCl 4, NaH₂PO₄ 0.9, NaHCO₃ 20, CaCl₂ 1.8, MgSO₄ 0.5, and d-glucose 5.5.

Perfused Left Ventricular Wedge
The methods used for isolation, perfusion, and recording of transmembrane activity from the arterially perfused canine left ventricle wedge preparation, as well as the viability and electric stability of the preparation, are detailed in previous studies. Briefly, transmural wedges with dimensions of approximately 3×1.8×1.2 cm were dissected from the anterior wall of the canine left ventricle (see above). The wedge preparations were cannulated via a small (diameter ≈100 μm) coronary artery and perfused with cold cardioplegic solution (IKᵢₙ) (8.5 mmol/L, t°=4°C). The total period of time from excision of the heart to cannulation and perfusion of the artery was less than 4 minutes. Unperfused tissue was carefully removed using a razor blade. The preparations were then placed in a small tissue bath and arterially perfused with Tyrode’s solution of the same composition as tissues. The perfusate was delivered to the artery by a roller pump (Cole Parmer Instrument Co., Niles, IL). Perfusion pressure was monitored with a pressure transducer (World Precision Instruments, Inc., Sarasota, FL) and maintained between 40 and 50 mm Hg by adjustment of the perfusion flow rate. Ventricular wedges were allowed to equilibrate in the tissue bath until electrically stable, usually 1 hour. The preparations were stimulated using bipolar silver electrodes insulated except at the tips and applied to the endocardial surface. A pseudo-ECG was recorded using 2 electrodes consisting of Ag/AgCl half cells placed in the Tyrode’s solution bathing the preparation, 1.0 to 1.2 cm from the 2 opposite sides of the atrial or ventricular coronary-perfused preparations.

Action Potential Recordings
Action potentials were recorded using standard (tissue slices) and floating (wedges) glass microelectrodes filled with 2.7 mol/L KCl (10 to 20 mol/L DC resistance) connected to a high input-impedance amplification system (World Precision Instruments, Sarasota, Fla). The signals were displayed on oscilloscopes, amplified, digitized and analyzed (Spike 2, Cambridge Electronic Design, Cambridge, England).

Drugs
A highly selective IKᵢₙ blocker, E-4031 (gift of Eisai Co Ltd, Tokyo, Japan), and sarcoplasmic reticulum calcium release blocker ryanodine (Sigma, St Louis, Mo) were dissolved in distilled water to make a 1 mmol/L stock solution. A relatively specific IKᵢ₅ blocker, chromanol 293B (gift of Aventis Pharma Deutschland GmbH, Frankfurt, Germany) was dissolved in 100% DMSO to form a stock solution of 10 or 30 mmol/L.

Study Protocols
Electrophysiological and electrocardiographic activity was assessed in the range of temperatures of 36°C to 40°C, first under control conditions and then in the presence of the drug(s), in both cases and then in the presence of the drug(s), in both cases starting from a steady state at 36°C to 37°C. In the experiments where several levels of temperature were tested (superfused tissues), temperature was increased in a step-wise manner. Each new temperature was kept constant for at least 5 minutes before the start of recording. In some experiments involving M-cell preparations, the temperature range was 33°C to 40°C so as to characterize the temperature-dependence of EAD activity over a wider range. The effect of temperature was assessed over a BCL range of 300 to 5000 ms in tissue and 500 and 2000 ms in wedge preparations. In the wedge preparation, EAD and spontaneous arrhythmias were assessed whenever possible over a BCL range of 500 to 4000 ms. Transmural dispersion of action potential duration (TD-APD₉₀) was approximated as the difference between the longest and shortest APD₉₀ QT interval was measured as the time from the beginning of the QRS to the intersection of the tangent drawn to the maximum slope of the descending limb of the T wave with the isoelectric line.

Statistics
One-way repeated measure analysis of variance followed by Bonferroni test was performed when comparing data obtained at 36°C with those obtained at 38°C and 40°C in superfused tissue preparations. When comparing normal temperature (36°C to 37°C) versus hyperthermia (39°C to 40°C) in superfused-wedge experiments, where only 1 temperature step was performed in each given case, paired
Student $t$ test was used. The differences between no-drug versus drug conditions at the same temperature were determined using unpaired Student $t$ test.

The authors had full access to the data and take responsibility for its integrity. All authors have read and agree to the manuscript as written.

**Results**

**Isolated Tissues**

Under baseline conditions, elevation of temperature from 36°C to 38°C to 40°C produced an abbreviation of APD in epicardial, M cell, endocardial, and Purkinje fiber preparations in the BCL range of 300 to 5000 ms. Figure 1 shows summary data for a BCL of 2000 ms. Interestingly, even under control conditions, hyperthermia accentuated the dispersion of APD among the different isolated tissue preparations, due to a larger abbreviation of APD in epicardial and endocardial, compared with M-cell regions (Table 1). At a temperature of 36°C, $I_{Kr}$ block with E-4031 (1 μmol/L) produced a significant prolongation of repolarization in all 4 isolated preparations, more prominently in M cell and Purkinje (Figure 1). In the continued presence of E-4031, a rise in temperature from 36°C to 38°C to 40°C led to APD abbreviation in all 4 ventricular cell types at rapid rates (BCL = 300 to 500 ms), but to a paradoxical prolongation of APD and induction or accentuation of EAD activity in M cell (10 of 10) and Purkinje fiber (7 of 8) preparations at longer BCLs (≥600 ms) (Figure 1). These opposite effects of hyperthermia on the APD of M cell and epicardial and endocardial tissues at slow rates caused a remarkable exaggeration of TD-APD (Table 1).

Ryanodine (1 μmol/L) prevented the hyperthermia-induced prolongation of APD and induction of EAD in 4/4 mol/L cell preparations tested (Figure 3).

Chromanol 293B (30 μmol/L, $I_{Kr}$ block) produced a relatively homogeneous prolongation of APD in the epicardial, M cell, and endocardial preparations with little effect in Purkinje fibers. Hyperthermia abbreviated APD in all preparations at all pacing rates and did not induce EAD activity. However, there was a modest accentuation of TD-APD at 40°C (Figure 1; Table 1).

**Arterially Perfused Wedge Preparations**

Both E-4031 (1 μmol/L) and chromanol 293B (30 μmol/L) caused a prolongation of repolarization in the coronary-
perfused wedge preparations at 36°C to 37°C (Figure 4). E-4031 had a tendency to increase TD-APD, whereas chromanol 293B produced little effect on TD-APD (Figure 4; Table 1). Under control conditions, as well as in the presence of E-4031 or chromanol 293B, increasing temperature from 36°C to 37°C to 39°C to 40°C produced an abbreviation of repolarization in all regions of the wedge at a BCL of 500 (not shown) and 2000 ms, without accentuation of TD-APD (Figure 4; Table 1). Neither EAD nor spontaneous tachyarrhythmia was recorded under these conditions (Table 2).

The combination of E-4031 and chromanol 293B produced a prominent prolongation of repolarization and accentuation of TD-APD (Figure 4; Table 1). Under these conditions, an increase in temperature produced an abbreviation of repolarization in all regions of the wedge at a BCL of 500 ms and highly variable responses at a CL of 2000 ms (Figure 4). In general, the repolarization in the epicardial and subepicardial regions tended to prolong and in the endocardial and subendocardial regions tended to abbreviate. These regionally

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**Table 2. Temperature-Dependent Incidence of Early Afterdepolarization Activity (EAD) and Torsade de Pointes (TdP) in Arterially Perfused Wedge**

<table>
<thead>
<tr>
<th>t°C</th>
<th>Epi M Subepi M Subendo Endo TdP</th>
</tr>
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<tbody>
<tr>
<td>36–37</td>
<td>0/10 0/10 0/10 0/10 0/10</td>
</tr>
<tr>
<td>39–40</td>
<td>0/10 0/10 0/10 0/10 0/10</td>
</tr>
<tr>
<td>E-4031 (1 μmol/L) 36–37</td>
<td>0/8 0/8 0/8 0/8 0/8</td>
</tr>
<tr>
<td>39–40</td>
<td>0/8 0/8 0/8 0/8 0/8</td>
</tr>
<tr>
<td>293B (30 μmol/L) 36–37</td>
<td>0/6 0/6 0/6 0/6 0/6</td>
</tr>
<tr>
<td>39–40</td>
<td>0/6 0/6 0/6 0/6 0/6</td>
</tr>
<tr>
<td>E-4031 + 293B 36–37</td>
<td>4/12 4/12 3/12 2/12 3/12</td>
</tr>
<tr>
<td>39–40</td>
<td>8/12 9/12 4/12 1/12 6/12</td>
</tr>
</tbody>
</table>

Epi indicates epicardium; M Subepi, subepicardial M cell region; M Subendo, subendocardial M cell region; Endo, endocardium; 293B, chromanol 293B.
dissimilar responses to hyperthermia resulted in a further accentuation of TD-APD (Table 1). The combined \( I_{\text{Na}} \) and \( I_{\text{Kr}} \) block induced EADs, EAD-induced extrasystoles, and spontaneous TdPs at 36°C to 37°C (Table 2). Superimposition of hyperthermia significantly increased the incidence of EAD activity and TdP (Figure 5; Table 2). Nonsustained monomorphic VT was observed as well (in 3/12 wedges) at 39°C to 40°C. EAD activity originated predominantly in epicardial and subepicardial M regions (Table 2). Spontaneous TdPs were always short (\( \leq 8 \) seconds). EAD and TdP were bradycardia-dependent; no EAD and TdP were recorded at a BCL of \( \leq 800 \) ms at any temperature tested.

**Discussion**

The chief finding of the present study is that under conditions of reduced repolarization reserve, hyperthermia can promote EADs, produce an increase of transmural dispersion of repolarization, and precipitate tachyarrhythmias in isolated canine ventricular preparations.

Hyperthermia or a febrile state has been shown to be capable of inducing or promoting ventricular arrhythmias in humans.\(^2\)\(^-\)\(^11\) This adverse effect of fever is commonly associated with a variety of factors including tricyclic antidepressant poisoning,\(^4\) overdose of quinine,\(^8\) amphetamines or digitalis,\(^2\) long-QT intervals,\(^11\)\(^-\)\(^12\) long-QT and/or acute rheumatic fever,\(^5\)\(^-\)\(^6\) the Brugada syndrome,\(^8\) malignant hyperthermia induced by anesthesia.\(^3\) Fever-induced VF has been reported in humans without detectable structural abnormalities or other factors known to precipitate sudden cardiac death.\(^9\) The mechanisms responsible are poorly defined.

In a previous study\(^14\) we provided a mechanistic understanding for the development of VT/VF in the Brugada syndrome under hyperthermic conditions. The T1620 mol/L mutation of SCN5A linked to the Brugada syndrome was shown to cause premature inactivation of sodium channel current (\( I_{\text{Na}} \)) leaving \( I_{\text{Na}} \) unopposed. This acceleration of \( I_{\text{Na}} \) decay was found to be a sensitive function of temperature, with inactivation of the current dramatically accelerated under hyperthermic conditions, leading to a loss of function. The increase in net outward current causes repolarization of the right ventricular epicardium at the end of phase 1 of the action potential at some sites, but not others. This epicardial dispersion of repolarization gives rise to phase 2 reentry, which provides a closely coupled extrasystole that captures the vulnerable window created across the right ventricular wall (due to marked abbreviation of the action potential in epicardium, but not endocardium), thus precipitating reentry in the form of VT/VF. We suggested that phase 2 reentry initiates conventional reentry in the setting of Brugada syndrome based on the results of transmembrane action potential recordings.\(^10\)\(^,\)\(^14\) A recent study involving optical mapping in a similar Brugada syndrome model provided an elegant experimental confirmation of these mechanisms.\(^17\) In patients with Brugada syndrome displaying a missense mutation in SCN5A (F1344S), a temperature induced a positive shift in the voltage of steady-state activation and a change in slope factor of \( I_{\text{Na}} \) was shown to account for the reduction of \( I_{\text{Na}} \) and the induction of VF by hyperthermia.\(^18\)

Amin et al\(^12\) studied the mechanism of fever-induced QT prolongation and ventricular arrhythmias in LQT2 patients by heterologously expressing the A558P HERG missense mutation in HEK-293 cells. The current generated by WT + A558P HERG increased in response to hyperthermia to a much lesser degree than that of WT, thus contributing to fever-induced QT prolongation in these LQT2 patients.

Consistent with the clinical observations,\(^11\)\(^-\)\(^12\) the present experimental study demonstrates the potential for hyperthermia to lead to arrhythmogenesis under long-QT conditions. The prolongation of the QT interval in both congenital and acquired LQTSs is associated with the appearance of an atypical polymorphic ventricular tachycardia, known as TdP. Both acquired and congenital LQTSs are bradycardia-, or pause-dependent,\(^1\) although acceleration of heart rate from an initially slow rate has been shown to precede the development of TdP in the clinic\(^19\) as well as in experimental models of LQTS.\(^20\) These conditions are similar to those under which agents that prolong repolarization induce EAD activity in isolated Purkinje fibers and M cells.\(^21\) Although initiation of TdP is commonly thought to be caused by an EAD-induced extrasystole, maintenance of TdP is thought to be due to reentry.\(^22\) Under some conditions, such as those encountered in experimental models of LQT1 and Timothy syndrome or LQT8, delayed afterdepolarization-induced triggered extrasystoles are thought to precipitate TdP.\(^23\)\(^-\)\(^24\) Increased transmural dispersion of repolarization has been demonstrated in LQTS patients\(^3\) as well as in experimental models of LQTS.\(^11\)\(^-\)\(^15\)

The results of the present study indicate that under conditions of reduced repolarization reserve, an increase in temperature can lead to both induction of EAD activity as well as accentuation of transmural dispersion of repolarization, thus setting the stage for the development of TdP.

The ionic mechanisms responsible for the differential effects of hyperthermia in the 4 cell types are most likely multifactorial and complex in nature. On a simplistic level, one could hypothesize that the hyperthermia-induced prolong-
gation of APD and induction of EAD is due to augmentation of IKr, and, as a consequence of calcium loading of the cells, an augmentation of IKCa. The temperature-induced prolongation of APD and induction of EAD are not seen in the absence of IKr block because temperature-induced increases of the delayed rectifier currents (IKr and IKr) likely predominate. Temperature elevation is known to increase IKr. Note that, in the presence of IKr block, the paradoxical behavior occurs principally in cells with low levels of IKr (M cell and Purkinje) but not those with a prominent IKr (epicardium and endocardium). In the wedge, in the presence of electrotonic interactions between the surface regions (epicardium and endocardium) with the M-cell region, hyperthermia-induced abbreviation of APD in epicardial/endocardial regions is likely to abbreviate cells in M region. When the repolarization reserve of the myocardium is further reduced with combined IKr and IKs block, hyperthermia-induced M-cell prolongation is further exaggerated and the electrotonic interaction with endocardium and epicardium, although enough to limit its prolongation, is insufficient to permit abbreviation of the M cells. Consequently, with combined IKr and IKs block, epicardium/endocardium and M cells show opposite APD responses to hyperthermia (Table 1).

Evidence in support of the hypothesis that these hyperthermia-induced changes in APD are in part mediated by an increase intracellular calcium activity (Ca2+) derived from the observation that ryanodine eliminates the hyperthermia-induced APD prolongation and EAD (Figure 3). Interestingly, an increase of Ca2+ at 37°C by other means, such as acceleration of pacing rate or β-adrenergic stimulation, can also prolong APD and induce and/or augment EAD, as well as shift the rates at which EADs develop to shorter CLs. It is also noteworthy that manifestation of delayed afterdepolarizations is also temperature dependent, developing more readily at 37°C than at 33°C.

The modulatory effect of hyperthermia on the electrophysiological response to pharmacological drugs that prolong cardiac repolarization is an area that is largely unexplored. An increase in temperature from 37°C to 38.5°C to 40°C has been shown to induce EAD activity in quinidine-treated isolated canine Purkinje fibers. Hyperthermia exaggerates block of HERG by erythromycin in LTC cells as well as APD prolongation by this drug in mouse isolated ventricular myocytes. Erythromycin is an IKr blocker that can induce EAD, QTTS, and TdP. It is also of interest that the incidence of spontaneous bradycardia-dependent arrhythmias in isolated rabbit heart pretreated with quinidine is higher at 36°C than at 25°C to 30°C.

Study Limitations
As always, extrapolation of experimental data obtained from canine ventricular tissues and wedge preparations to the clinic must be approached with great caution. The absence of autonomic factors, hormones, and other blood-related factors in our Tyrode’s solution-perfused preparations may alter responses from those observed in vivo. Another limitations is that in vivo, hyperthermia-induced increase in sinus rate is expected to antagonize the effects of hyperthermia to prolong APD of the M cell and Purkinje fiber and thus to augment spatial dispersion of repolarization.

Clinical Implications
Apart from the acquired and congenital LQTSs, a variety of diseases including heart failure, hypertrophic and dilated cardiomyopathy, and hypothyroidism are associated with a reduced repolarization reserve. In the case of heart failure and hypertrophic and dilated cardiomyopathies a coordinated reduction of IKr and IKs has been demonstrated, similar to that used in our study.

In addition to Class I and III antiarrhythmic drugs, a number of other pharmacological agents including tri- and tetracyclic antidepressants, antibiotics, antihistaminics, diuretics and neuroleptic agents prolong the QT interval and are capable of inducing TdP in humans and experimental models. Our data raise the possibility that a febrile state may be associated with an increased arrhythmic risk under these conditions of acquired LQTS.

The effect of hyperthermia to accelerate heart rate is expected to prevent ventricular arrhythmias that develop secondary to the bradycardia-dependent mechanisms, such as those described in this study. Accordingly, fever-induced ventricular arrhythmias may more readily manifest when in addition to weakened repolarization, pauses or slow heart rates, or both, are present, for example, as a result of AV node block.

Conclusions
Our data suggest that hyperthermia may promote proarrhythmic potential of IKr blockers and other conditions associated with prolonged ventricular repolarization and suggest the inclusion of fever as a potential risk factor in the LQTS.

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Disclosures
None.

References
Reduced ventricular repolarization reserve is encountered in a number of clinical conditions (congenital and acquired long-QT syndromes, heart failure, and hypertrophic and dilated cardiomyopathies) associated with susceptibility to ventricular arrhythmias. The present study examines the electrophysiologic effects of hyperthermia, as occurs with fever, on transmural dispersion of action potential duration, early afterdepolarizations, and ventricular arrhythmias when the QT interval is prolonged in canine ventricular myocardium. The study shows that under conditions of reduced repolarization reserve and bradyarrhythmia, hyperthermia can promote early afterdepolarizations, increase transmural dispersion of repolarization, and precipitate polymorphic ventricular arrhythmias. Because hyperthermia often accelerates sinus rhythm, which is expected to prevent bradycardia-dependent polymorphic ventricular arrhythmias, fever-induced ventricular arrhythmias may more readily manifest when, in addition to reduced repolarization reserve, pauses or slow heart rates are present. Our findings suggest means by which hyperthermia can trigger ventricular arrhythmias in clinical syndromes that have reduced repolarization reserve.
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