

Stroke and Mortality Risk in Patients With Various Patterns of Atrial Fibrillation

Results From the ENGAGE AF-TIMI 48 Trial (Effective Anticoagulation With Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48)

Mark S. Link, MD; Robert P. Giugliano, MD, SM; Christian T. Ruff, MD, MPH;
Benjamin M. Scirica, MD, MPH; Heikke Huikuri, MD; Ali Oto, MD;
Andrea E. Crompton, RN, BSN; Sabina A. Murphy, MPH; Hans Lanz, MD;
Michele F. Mercuri, MD; Elliott M. Antman, MD; Eugene Braunwald, MD;
on behalf of the ENGAGE AF-TIMI 48 Investigators

Background—Whether the pattern of atrial fibrillation (AF) modifies the risk/benefit of anticoagulation is controversial. In ENGAGE AF-TIMI 48 trial (Effective Anticoagulation with Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48), the factor Xa inhibitor edoxaban was noninferior to warfarin in preventing stroke or systemic embolic events and significantly reduced bleeding and cardiovascular mortality. However, detailed analyses by AF pattern have not been reported.

Methods and Results—The 21 105 patients were categorized as having paroxysmal (<7 days duration), persistent (≥7 days but <1 year), or permanent (≥1 year or failed cardioversion) AF patterns at randomization. Efficacy and safety outcomes were evaluated during the 2.8 years median follow-up and compared by AF pattern. The primary end point of stroke/systemic embolic event was lower in those patients with paroxysmal AF (1.49%/year), compared with persistent (1.83%/year; *P*-adj =0.015) and permanent AF (1.95%/year; *P*-adj =0.004). Overall, all-cause mortality also was lower with paroxysmal (3.0%/year) compared with persistent (4.4%/year; *P*-adj <0.001) and permanent AF (4.4%/year; *P*-adj <0.001). Annualized major bleeding rates were similar across AF patterns (2.86% versus 2.65% versus 2.73%). There was no effect modification by treatment assignment.

Conclusions—In ENGAGE AF-TIMI 48 trial, patients with paroxysmal AF suffered fewer thromboembolic events and deaths compared with those with persistent and permanent AF. The efficacy and safety profile of edoxaban as compared with warfarin was consistent across the 3 patterns of AF.

Clinical Trial Registration—URL: <http://www.clinicaltrials.gov>. Unique identifier: NCT00781391.

(*Circ Arrhythm Electrophysiol*. 2017;10:e004267. DOI: 10.1161/CIRCEP.116.004267.)

Key Words: atrial fibrillation ■ bleeding ■ mortality ■ stroke ■ thromboembolism

Atrial fibrillation (AF) is a major cause of morbidity and mortality globally. Currently, in the United States, ≈5 million individuals have a diagnosis of AF. The American Heart Association/American College of Cardiology AF Guideline Committee estimates that the number of patients with AF will double over the next 25 years.¹ One of the major risks of AF is thromboembolism, which exists regardless of the presence or absence of symptoms.^{2,3} The risk of thromboembolism for individuals with AF correlates with increases in the CHADS₂ and CHA₂DS₂-VASc scores.⁴⁻⁷ There are conflicting data whether the pattern of AF (ie, paroxysmal, persistent, or

See Editorial by Hohnloser and Vamos

permanent) affects the risk of thromboembolism. Thus, the current risk scoring systems do not include the pattern of AF, and American and European Guidelines recommend anticoagulation in patients at moderate or high risk, regardless of whether AF is paroxysmal, persistent, or permanent.⁸⁻¹⁰ If the risk of thromboembolism was substantially lower in patients with paroxysmal AF, then the pattern of AF may be important to incorporate in risk scores to help guide therapeutic decisions.

Received April 17, 2016; accepted November 7, 2016.

From the Department of Medicine, UTSouthwestern Medical Center, Dallas, TX (M.S.L.); TIMI Study Group, Brigham and Women's Hospital, Boston, MA (R.P.G., C.T.R., B.M.S., A.E.C., S.A.M., E.M.A., E.B.); Department of Medicine, University of Oulu, Finland (H.H.); Oulu University Hospital, Finland (H.H.); Heart and Health Foundation of Turkey, Ankara (A.O.); Daiichi-Sankyo Pharma Development, Munich, Germany (H.L.); and Daiichi-Sankyo Pharma Development, Edison, NJ (M.F.M.).

Guest Editor for this article was Gerhard Hindricks, MD.

Correspondence to Mark S. Link, MD, UTSouthwestern Medical Center, 5323 Harry Hines Blvd, Dallas, TX 75390. E-mail mark.link@UTSouthwestern.edu

© 2017 American Heart Association, Inc.

Circ Arrhythm Electrophysiol is available at <http://circep.ahajournals.org>

DOI: 10.1161/CIRCEP.116.004267

WHAT IS KNOWN

- The CHA₂DS₂-VASc score that is used to estimate the risk of stroke in atrial fibrillation (AF), does not consider the pattern of AF.
- Prior studies that attempted to assess the relation of the AF pattern to thromboembolism have shown mixed results.

WHAT THE STUDY ADDS

- In this large randomized trial of edoxaban versus warfarin, patients with paroxysmal AF suffered fewer thromboembolic events and deaths compared with those with persistent and permanent AF.
- The efficacy and safety profile of edoxaban as compared with warfarin was consistent across the 3 patterns of AF.

The ENGAGE AF-TIMI 48 trial (Effective Anticoagulation with Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48) enrolled patients with AF, without regard to whether paroxysmal, persistent, or permanent AF was present. Patients were randomized to 1 of 2 dosing regimens of once-daily edoxaban, a direct oral factor Xa inhibitor, or warfarin (target international normalized ratio, 2.0–3.0).¹¹ The primary results of the trial showed that both dose regimens of edoxaban were noninferior to warfarin in preventing stroke or systemic embolic events (SEEs), and both edoxaban regimens significantly reduced bleeding and cardiovascular mortality as compared with warfarin.¹² The current study is a prespecified analysis of the importance of the pattern of AF on the risks of thromboembolism, mortality, and bleeding.

Methods

Patients

Entry criteria for ENGAGE AF-TIMI 48 were previously published.¹² Briefly, the study enrolled 21 105 patients aged ≥ 21 years, with at least 1 episode of documented AF of any duration in the preceding 12 months, who had a CHADS₂ score of ≥ 2 .^{11,12} Key exclusion criteria included AF because of a reversible disorder, a creatinine clearance of < 30 mL/min, a high risk of bleeding, use of dual antiplatelet therapy, moderate to severe mitral stenosis, other indications for anticoagulation, acute coronary syndrome, or coronary revascularization or stroke within 30 days. Patients were classified by the investigator as having paroxysmal (episodes of AF < 7 days), persistent (duration 1 week to 1 year), or permanent (duration ≥ 1 year or failed electric cardioversion) AF, as defined by the AF guidelines operative at the beginning of the trial.⁹ The protocol and amendments were approved by the ethics committee at each participating center. All patients provided written informed consent.

End Points

The primary efficacy end point was time to stroke (ischemic or hemorrhagic) or SEE. Secondary efficacy end points included combinations of (1) stroke, SEE, or death from cardiovascular causes, (2) all-cause mortality, (3) myocardial infarction, stroke, SEE, death from cardiovascular causes, or major bleed, and (4) stroke, SEE, or death from any cause. The principal safety end point was major bleeding as defined by the International Society on Thrombosis and Haemostasis.¹³ Efficacy and net outcomes were conducted in all patients randomized counting all first events during the trial whether on or off study drug, using the intention-to-treat principle. Analyses of individual bleeding end points alone were conducted while on treatment (first dose to last dose+ days, inclusive).

Statistical Analysis

Baseline characteristics were compared across the patterns of AF using a 3-way χ^2 test. Hazard ratios (HRs) with 95% confidence intervals (CIs) comparing the relative efficacy and safety of edoxaban versus warfarin for the subgroups were calculated with the Cox proportional hazards models, with treatment as a covariate along with the stratification factors of CHADS₂ score and dose adjustment status. Models were also constructed that evaluated the interaction between randomized treatment group and the AF subgroup.

HRs with 95% CIs comparing the AF type were calculated using an adjusted Cox proportional hazards model, which included sex, age, race, geographic region, body mass index, smoking status, alcohol use, prior stroke or transient ischemic attack, hypertension, coronary artery disease, dyslipidemia, congestive heart failure, diabetes mellitus, increased risk of falling, hepatic disease, neuropsychiatric disease, prior non-intracranial bleed, use of antiplatelet agents at randomization, and creatinine clearance at randomization. Proportionality assumptions were assessed based on the Schoenfeld residuals for each model for type of AF, and the assumptions were not violated. Statistical correction for multiplicity was not performed for any of the tests, given the exploratory nature of the present analysis. Analyses were performed independently by the TIMI Study Group using Stata v14.1 and SAS v9.2.

Results

Baseline Findings

Of the 21 105 subjects in the ENGAGE AF-TIMI 48 trial, 5366 (25%) were classified as paroxysmal, 4868 (23%) as persistent, and 10 865 (51%) as permanent at the baseline visit prior to randomization. Patients with paroxysmal AF were similar in age (mean 70.5 years) compared with those with persistent (mean 70.2 years) and permanent (mean 70.8 years; Table 1) AF. The subjects with paroxysmal AF were more likely female and had a lower body mass index and systolic blood pressure on average. Patients with paroxysmal AF were also more likely to have a CHA₂DS₂-VASc score > 3 and be treated with aspirin and amiodarone.

Outcomes

The primary outcome of stroke or SEE occurred less commonly in patients with paroxysmal AF (1.49%/year), as compared with persistent (1.83%/year; adjusted HR, 0.79; 95% CI, 0.66–0.90; $P=0.015$) and permanent AF (1.95%/year; adjusted HR, 0.78; 95% CI, 0.67–0.93; $P=0.004$; Figure 1 and Table 2). The composite secondary end point of stroke/SEE/cardiovascular death occurred less commonly in patients with paroxysmal AF (3.16%/year) compared with persistent (4.57%/year; adjusted HR, 0.77; 95% CI, 0.70–0.86; $P<0.001$) and permanent AF (4.49%/year; adjusted HR, 0.77; 95% CI, 0.70–0.87; $P<0.001$; Figure 2).

Overall mortality was lower in those with paroxysmal (2.99%/year) compared with persistent (4.41%/year; adjusted HR, 0.73; 95% CI, 0.64–0.83; $P<0.001$) and permanent AF (4.41%/year; adjusted HR, 0.78; 95% CI, 0.69–0.87; $P<0.001$; Figure 3). The composite of myocardial infarction, stroke, SEE, and death because of cardiovascular causes or bleeding was observed in 3.90%/year in subjects with paroxysmal compared with 5.09%/year in persistent (adjusted HR, 0.79; 95% CI, 0.71–0.89; $P<0.001$) and 5.04%/year in permanent AF (adjusted HR, 0.84; 95% CI, 0.76–0.93; $P=0.001$). Stroke, SEE, or death from any cause occurred in 4.08%/year of paroxysmal compared with 5.68%/year in persistent (adjusted HR, 0.75; 95% CI, 0.68–0.84; $P<0.001$) and 5.68%/year permanent (adjusted HR, 0.80; 95% CI, 0.72–0.88; $P<0.001$) AF.

Table 1. Baseline Characteristics of the Patients in ENGAGE AF-TIMI 48

	Paroxysmal, %	Persistent, %	Permanent, %	Two-Way <i>P</i> Values		
				Paroxysmal vs Persistent	Paroxysmal vs Permanent	Persistent vs Permanent
Age, y, mean (SD)	70.5 (9.5)	70.2 (9.7)	70.8 (9.2)	0.099	0.29	0.004
Age ≥65 y	73.8	72.3	74.8	0.082	0.19	0.001
Age ≥75 y	40.5	38.7	40.6	0.064	0.85	0.021
Male sex	54.7	62.5	65.2	<0.001	<0.001	0.001
Weight, kg, mean (SD)	82.8 (20.0)	84.2 (21.1)	84.3 (19.9)	<0.001	<0.001	0.48
BMI, mean (SD)	29.3 (6.0)	29.6 (6.3)	29.5 (5.8)	0.049	0.018	0.98
VKA naïve	51.5	52.7	30.6	0.24	<0.001	<0.001
CHADS ₂ score >3	20.0	19.9	25.1	0.91	<0.001	<0.001
CHA ₂ DS ₂ -Vasc score >3	72.8	68.2	70.8	<0.001	0.010	<0.001
Prior stroke or TIA	29.0	25.0	29.4	<0.001	0.61	<0.001
Prior stroke	17.4	16.0	20.5	0.057	<0.001	<0.001
Prior TIA	13.9	10.8	10.9	<0.001	<0.001	0.86
Prior valvular disease	17.4	21.1	22.8	<0.001	<0.001	0.016
Hypertension	93.9	93.6	93.5	0.51	0.30	0.81
History of CAD	35.5	30.8	33.3	<0.001	0.007	0.001
Prior coronary revasc	14.6	13.0	11.3	0.017	<0.001	0.003
Prior CABG	7.9	7.3	6.2	0.27	<0.001	0.008
Prior PCI	8.1	6.9	6.1	0.014	<0.001	0.089
Prior MI	12.0	11.2	11.4	0.19	0.30	0.62
History of PAD	3.9	3.6	4.2	0.53	0.34	0.10
History of CHF	45.4	59.7	62.4	<0.001	<0.001	0.001
History of diabetes mellitus	37.5	36.1	35.4	0.14	0.008	0.38
Current smoker	7.3	8.0	7.1	0.18	0.55	0.032

BMI indicates body mass index; CABG, coronary artery bypass grafting; CAD, coronary artery disease; CHF, congestive heart failure; ENGAGE AF-TIMI 48 Trial, Effective Anticoagulation With Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48; MI, myocardial infarction; PAD, peripheral artery disease; PCI, percutaneous coronary intervention; TIA, transient ischemic attack; and VKA, vitamin K antagonist.

Bleeding Events

There was no difference in annualized major bleeding rates between the groups: 2.86% in paroxysmal versus 2.65% in persistent (adjusted HR, 1.07; 95% CI, 0.92–1.21; $P=0.42$) and 2.73% in permanent (adjusted HR, 1.01; 95% CI, 0.88–1.16; $P=0.87$; Table 2) AF. The annualized rate of combined major and clinically relevant nonmajor bleeding was 12.17%/year in patients with paroxysmal AF, which tended to be higher than in patients with persistent (10.68%/year; adjusted HR, 1.08; 95% CI, 0.99–1.17; $P=0.07$) or with permanent AF (10.37%; adjusted HR, 1.08; 95% CI, 1.01–1.16; $P=0.035$).

Outcomes by Treatment and AF Pattern

There were no statistically significant interactions in the key efficacy end points when stratified by AF pattern (Table 3). Similarly, no significant interactions were observed for the major safety end points or net outcomes, which combined efficacy and safety events. The efficacy and safety profile of edoxaban as compared with warfarin was consistent across the 3 patterns of AF.

Discussion

The ENGAGE AF-TIMI 48 trial provided the opportunity to characterize the baseline features, including the pattern of AF, and response to the once-daily oral factor Xa inhibitor, edoxaban, in a prespecified analysis of 21 105 patients with nearly 60 000 patient-years of observation. Patients with paroxysmal AF were younger, more likely female, have a CHA₂DS₂-VASC score >3, and to be treated with aspirin, amiodarone, and digoxin. Patients with paroxysmal AF enrolled in this trial (all of whom had a CHADS₂ score of at least 2) were at substantial risk for arterial thromboembolism (1.5%/year) and death (3%/year).

Patients in ENGAGE AF-TIMI 48 with paroxysmal AF were less likely to experience thromboembolic outcomes compared with patients with persistent or permanent AF. This finding persisted after multivariable adjustment. In addition, patients with paroxysmal AF were less likely to have the combined end point of systemic embolism and cardiovascular death, and their overall all-cause mortality was lower compared with that of patients with persistent or permanent AF.

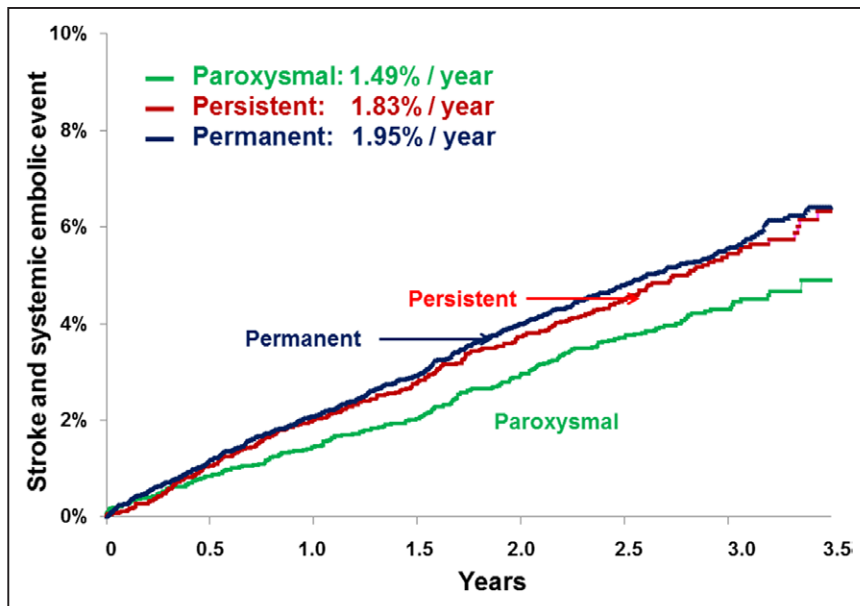


Figure 1. Stroke and systemic embolic event (SEE) occurred less frequently in the patients with paroxysmal atrial fibrillation (AF) (1.49%/y), as compared with persistent (1.83%/y; HR, 0.79; 95% CI, 0.66–0.96; $P=0.015$) and permanent AF (1.95%/y; HR, 0.79; 95% CI, 0.67–0.93; $P=0.004$) after multivariable adjustment (see Statistical Methods for covariates). CI indicates confidence interval; and HR, hazard ratio.

There was no difference in these end points between patients with persistent or permanent AF. Similarly, major bleeding did not differ by AF pattern. However, the composite of major or clinically relevant bleeding tended to be more frequent in patients with paroxysmal AF.

Prior studies have been conflicting on whether patients with paroxysmal AF have a lower risk of thromboembolism compared with those with persistent and permanent AF. Early observational data reported a lower risk of embolic events in patients with paroxysmal AF compared with permanent AF.^{14–16} However, in the SPAF trial (stroke prevention in atrial fibrillation), the 460 patients with paroxysmal AF had a similar incidence of thromboembolism compared with the 1552 patients with persistent and permanent AF.¹⁷

Larger and more recent trials of direct anticoagulants have had conflicting results. In the SPORTIF (Stroke Prevention Using an Oral Thrombin Inhibitor in Atrial Fibrillation),¹⁸ ARISTOTLE (Apixaban for Reduction in Stroke and Other Thromboembolic Events in Atrial Fibrillation),¹⁹ ROCKET

(Rivaroxaban Once Daily Oral Direct Factor Xa Inhibition Compared With Vitamin K Antagonism for Prevention of Stroke and Embolism Trial in Atrial Fibrillation),²⁰ and ACTIVE-A (Atrial Fibrillation Clopidogrel Trial With Irbesartan for Prevention of Vascular Events-Aspirin)/AVERROES (Apixaban Versus Acetylsalicylic Acid [ASA] to Prevent Stroke in Atrial Fibrillation Patients Who Have Failed or Are Unsuitable for Vitamin K Antagonist Treatment Study),²¹ patients with paroxysmal AF had a lower risk of stroke/SEE compared with persistent AF. In the RELY trial (Randomized Evaluation of Long Term Anticoagulation Therapy),²² although the risk of stroke/SEE was lower (1.32%/year) in patients with paroxysmal AF, this was not statistically significantly different than persistent (1.55%/year) and permanent (1.49%/year) AF.

The ENGAGE AF-TIMI 48 trial, with the largest subject enrollment of any previous anticoagulation study, confirms that patients with paroxysmal AF have a lower risk of thromboembolism compared with those with nonparoxysmal AF. Despite subtle differences in the population

Table 2. Clinical Outcomes by AF Pattern of the Patients in ENGAGE AF-TIMI 48

	Event Rate, %/y			Paroxysmal vs Persistent		Paroxysmal vs Permanent		Persistent vs Permanent	
	Paroxysmal	Persistent	Permanent	HR (95% CI)	P Value	HR (95% CI)	P Value	HR (95% CI)	P Value
Stroke/SEE (Figure 1)	1.49	1.83	1.95	0.79 (0.66–0.96)	0.015	0.79 (0.67–0.93)	0.004	0.99 (0.85–1.16)	0.95
Stroke/SEE/CV death (Figure 2)	3.16	4.57	4.49	0.73 (0.64–0.82)	<0.001	0.78 (0.70–0.87)	<0.001	1.07 (0.97–1.18)	0.18
All-cause death (Figure 3)	2.99	4.41	4.41	0.73 (0.64–0.83)	<0.001	0.78 (0.69–0.87)	<0.001	1.06 (0.96–1.17)	0.23
Major bleeding	2.86	2.65	2.73	1.07 (0.91–1.25)	0.42	1.01 (0.88–1.16)	0.87	0.95 (0.82–1.09)	0.45
Major or clinically relevant nonmajor bleeding	12.17	10.68	10.37	1.08 (0.99–1.17)	0.070	1.08 (1.01–1.16)	0.035	1.00 (0.93–1.08)	>0.99
MACE (MI/stroke/SEE/CV death)	3.90	5.09	5.04	0.79 (0.71–0.89)	<0.001	0.84 (0.76–0.93)	0.001	1.06 (0.96–1.16)	0.23
Death/stroke/SEE	4.08	5.68	5.68	0.75 (0.68–0.84)	<0.001	0.80 (0.72–0.88)	<0.001	1.06 (0.97–1.16)	0.21

HR adjusted for sex, age, race, geographic region, BMI, smoking status, alcohol use, prior stroke or TIA, hypertension, coronary artery disease, dyslipidemia, congestive heart failure, diabetes mellitus, increased risk of falling, hepatic disease, neuropsychiatric disease, prior non-ICH bleed, use of antiplatelet agents at randomization, and creatinine clearance at randomization. AF indicates atrial fibrillation; BMI, body mass index; CI, confidence interval; CV, cardiovascular; ENGAGE AF-TIMI 48 Trial, Effective Anticoagulation With Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48; HR, hazard ratio; MACE, myocardial infarction, all stroke, systemic embolic events, or death from cardiovascular causes; MI, myocardial infarction; SEE, systemic embolic events; and TIA, transient ischemic attack.

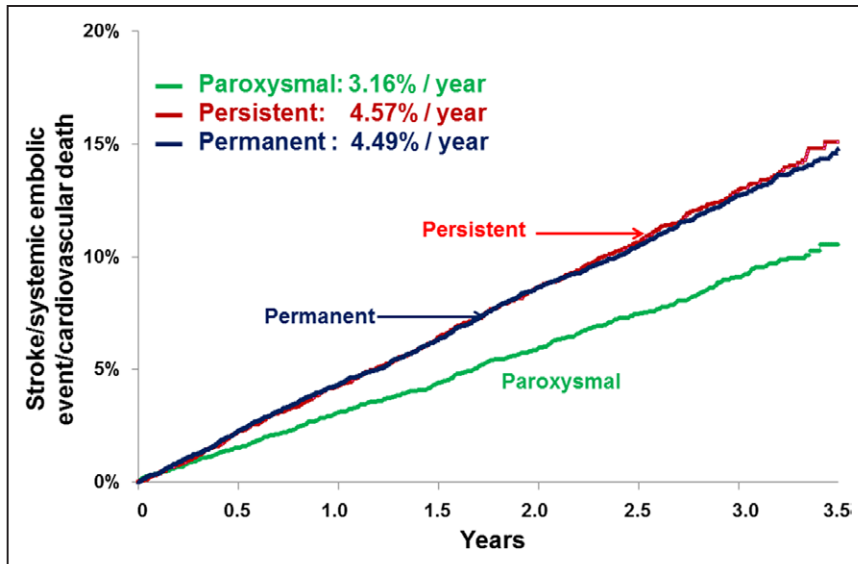


Figure 2. The composite secondary end point of stroke/SEE/cardiovascular (CV) death occurred less commonly in patients with paroxysmal atrial fibrillation (AF; 3.16%/y) compared with persistent (4.57%/y; HR, 0.73; 95% CI, 0.64–0.82; $P < 0.001$) and permanent AF (4.49%/y; HR, 0.78; 95% CI, 0.70–0.87; $P < 0.001$) after multivariable adjustment (see Statistical Methods for covariates). CI indicates confidence interval; HR, hazard ratio; and SEE, systemic embolic events.

studied, including the collection and analysis of patient variables, the results of ENGAGE AF-TIMI 48 trial are concordant with most of the modern anticoagulation trials. Still unresolved is whether paroxysmal AF is associated with a lower risk of thromboembolism via sharing underlying mechanisms, such as fibrosis and atrial dilatation, or indeed whether the shorter time in AF is directly implicated. In addition, patients with paroxysmal AF enrolled in the ENGAGE AF-TIMI 48 trial had a lower mortality than those with nonparoxysmal AF.

There was no strong evidence for effect modification by the pattern of AF on the relative benefit and safety of edoxaban as compared with warfarin with regard to the primary and key secondary study end points. Thus, the benefits of edoxaban seem to extend to patients with paroxysmal AF, as well as to those patients with a higher burden of AF. Specifically, the risk of stroke or SEE with edoxaban compared with warfarin was not affected by the pattern of AF, while cardiovascular death was reduced with edoxaban compared with warfarin, regardless of AF pattern. On balance, therapies

such as edoxaban that reduce bleeding while preserving the efficacy observed with warfarin to prevent thromboembolic events may be particularly desirable in patients who are at lower risk of thromboembolism, such as patients with paroxysmal AF.

Limitations

Investigator determination of AF pattern is known to result in misclassification error, as highlighted in a recent study,²³ although only 2% of those clinically classified as paroxysmal AF had permanent AF. Furthermore, in this recent study, patients with paroxysmal AF had a much lower burden of AF than the other groups; thus, our clinical classification of paroxysmal AF is likely to be truly reflective of paroxysmal AF. All the patients in the current trial were deemed to be acceptable for anticoagulation. In clinical practice, not all patients are acceptable for anticoagulation, and our results may not be generalizable. In this trial, the duration of AF was not collected. Duration of AF may be an important determinant of risk of thromboembolism. In addition, the candidate variables in our models were

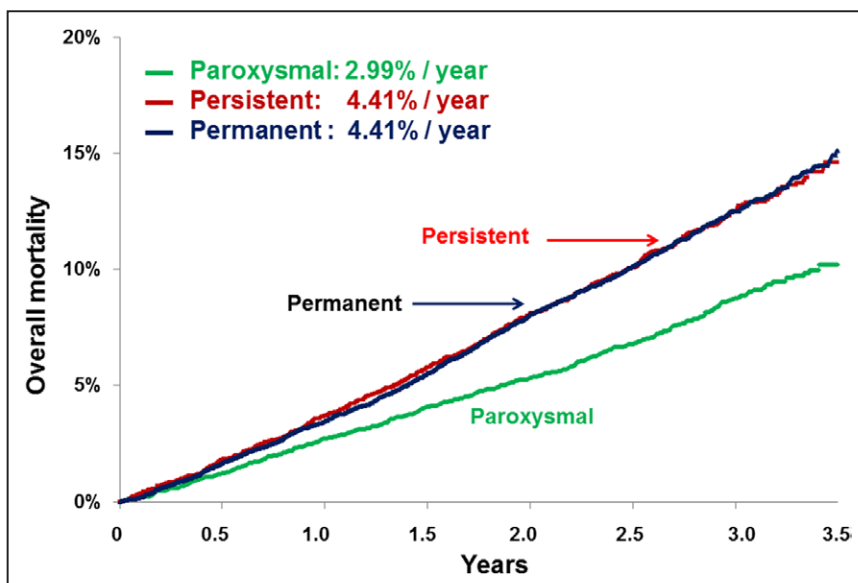


Figure 3. The end point of overall mortality was lower in those with paroxysmal (2.99%/y) compared with persistent (4.41%/y; HR, 0.73; 95% CI, 0.64–0.83; $P < 0.001$) and permanent atrial fibrillation (AF; 4.41%/y; HR, 0.78; 95% CI, 0.69–0.87; $P < 0.001$) after multivariable adjustment (see Statistical Methods for covariates). CI indicates confidence interval; and HR, hazard ratio.

Table 3. Outcomes by Treatment Groups Stratified by AF Pattern at Randomization

	Paroxysmal AF, HR (95% CI) vs Warfarin		Persistent AF, HR (95% CI) vs Warfarin		Permanent AF, HR (95% CI) vs Warfarin		Interaction <i>P</i> Value	
	HDER	LDER	HDER	LDER	HDER	LDER	HDER	LDER
Stroke/SEE	1.26 (0.90–1.78)	1.31 (0.94–1.83)	0.82 (0.59–1.12)	0.97 (0.72–1.33)	0.77 (0.62–0.96)	1.15 (0.94–1.39)	0.050	0.43
Major bleeding	0.82 (0.64–1.04)	0.42 (0.32–0.56)	0.74 (0.56–0.97)	0.57 (0.43–0.77)	0.82 (0.69–0.98)	0.53 (0.44–0.64)	0.80	0.31
Stroke/SEE/CV death	1.01 (0.81–1.27)	0.94 (0.75–1.18)	0.81 (0.66–0.98)	0.87 (0.72–1.06)	0.84 (0.74–0.96)	0.99 (0.87–1.13)	0.29	0.55
All-cause death	0.93 (0.75–1.16)	0.78 (0.62–0.98)	0.83 (0.68–1.01)	0.84 (0.69–1.03)	0.95 (0.83–1.09)	0.92 (0.80–1.05)	0.51	0.45
MACE	1.07 (0.87–1.31)	1.01 (0.83–1.24)	0.81 (0.67–0.97)	0.90 (0.75–1.09)	0.85 (0.75–0.97)	1.00 (0.89–1.14)	0.11	0.64
Death/stroke/SEE	1.02 (0.84–1.24)	0.93 (0.76–1.13)	0.80 (0.67–0.95)	0.86 (0.72–1.02)	0.90 (0.80–1.01)	0.98 (0.87–1.10)	0.19	0.45

AF indicates atrial fibrillation; CI, confidence interval; CV, cardiovascular; HDER, higher-dose edoxaban regimen; HR, hazard ratio; LDER, lower-dose edoxaban regimen; MACE, myocardial infarction, all stroke, systemic embolic events, or death from cardiovascular causes; and SEE, systemic embolic events.

selected from the baseline characteristics that were collected, and we cannot account for unmeasured confounders.

Conclusion

In the ENGAGE AF-TIMI 48 trial, patients with paroxysmal AF suffered fewer thromboembolic events and had lower all-cause mortality compared with those with persistent and permanent AF. This effect persisted after adjustment for baseline variables. Yet, even these lower-risk patients with paroxysmal AF benefited from anticoagulation with edoxaban compared with warfarin.

Sources of Funding

Daiichi-Sankyo Pharma Inc funded the ENGAGE AF-TIMI 48 trial.

Disclosures

Dr Giugliano reports receiving consulting fees from the American College of Cardiology, Boehringer Ingelheim, Bristol Myers Squibb, Daiichi Sankyo, Glaxo-Smith-Kline, Merck, Pfizer, Portola; lecture fees from Daiichi Sankyo and Merck; and grant support through his institution from Daiichi Sankyo, Merck, and AstraZeneca. Dr Ruff reports receiving consulting fees from Daiichi Sankyo, Bayer, and Boehringer Ingelheim and grant support through his institution from Daiichi Sankyo. Dr Scirica reports research grants via the TIMI Study and Brigham and Women's Hospital from AstraZeneca, Daiichi-Sankyo, Gilead, Eisai, Merck, and Poxel and consulting fees from AstraZeneca, Biogen Idec, Boehringer Ingelheim, Boston Clinical Research Institute, Covance, Dr. Reddy's Laboratory, Eisai, Elsevier Practice Update Cardiology, Forest Laboratory, GE Healthcare, Gilead, GlaxoSmithKline, Lexicon, Merck, St. Jude's Medical, University of Calgary. Dr Oto receives consulting fees from Daiichi Sankyo and honorarium from Pfizer, Menarini, and Bayer. A.E. Crompton reports receiving grant support through her institution from Daiichi Sankyo. S.A. Murphy reports receiving grant support through her institution from Daiichi Sankyo. Dr Lanz is an employee of Daiichi-Sankyo Development, who funded this trial. Dr Mercuri is an employee of Daiichi-Sankyo Pharma Development, who funded this trial. Dr Antman reports receiving grant support through his institution from Daiichi Sankyo. Dr Braunwald reports research grant support through his institution from Daiichi-Sankyo, AstraZeneca, GlaxoSmithKline, Merck, and Novartis; consultancies with The Medicines Company, Sanofi Aventis, and Theravance; uncompensated consultancy with Merck and Novartis; and honoraria for lectures from Daiichi Sankyo, Menarini International, Bayer, and Medscape. The other authors report no conflicts.

References

1. January CT, Wann LS, Alpert JS, Calkins H, Cigarroa JE, Cleveland JC Jr, Conti JB, Ellinor PT, Ezekowitz MD, Field ME, Murray KT, Sacco RL, Stevenson WG, Tchou PJ, Tracy CM, Yancy CW; ACC/AHA Task Force Members. 2014 AHA/ACC/HRS guideline for the management of patients with atrial fibrillation: executive summary: a report of the American College of Cardiology/American Heart Association Task Force on practice guidelines and the Heart Rhythm Society. *Circulation*. 2014;130:2071–2104. doi: 10.1161/CIR.0000000000000040.
2. McManus DD, Rienstra M, Benjamin EJ. An update on the prognosis of patients with atrial fibrillation. *Circulation*. 2012;126:e143–e146. doi: 10.1161/CIRCULATIONAHA.112.129759.
3. Healey JS, Connolly SJ, Gold MR, Israel CW, Van Gelder IC, Capucci A, Lau CP, Fain E, Yang S, Bailleul C, Morillo CA, Carlson M, Themeles E, Kaufman ES, Hohnloser SH; ASSERT Investigators. Subclinical atrial fibrillation and the risk of stroke. *N Engl J Med*. 2012;366:120–129. doi: 10.1056/NEJMoa1105575.
4. Risk factors for stroke and efficacy of antithrombotic therapy in atrial fibrillation. Analysis of pooled data from five randomized controlled trials. *Arch Intern Med*. 1994;154:1449–1457.
5. Gage BF, Waterman AD, Shannon W, Boehler M, Rich MW, Radford MJ. Validation of clinical classification schemes for predicting stroke: results from the National Registry of Atrial Fibrillation. *JAMA*. 2001;285:2864–2870.
6. Lip GY, Tse HF, Lane DA. Atrial fibrillation. *Lancet*. 2012;379:648–661. doi: 10.1016/S0140-6736(11)61514-6.
7. Lane DA, Lip GY. Use of the CHA(2)DS(2)-VASc and HAS-BLED scores to aid decision making for thromboprophylaxis in nonvalvular atrial fibrillation. *Circulation*. 2012;126:860–865. doi: 10.1161/CIRCULATIONAHA.111.060061.
8. Wann LS, Curtis AB, January CT, Ellenbogen KA, Lowe JE, Estes NA 3rd, Page RL, Ezekowitz MD, Slotwiner DJ, Jackman WM, Stevenson WG, Tracy CM, Fuster V, Rydén LE, Cannom DS, Le Heuzey JY, Crijns HJ, Lowe JE, Curtis AB, Olsson S, Ellenbogen KA, Prystowsky EN, Halperin JL, Tamargo JL, Kay GN, Wann L, Jacobs AK, Anderson JL, Albert N, Hochman JS, Buller CE, Kushner FG, Creager MA, Ohman EM, Ettinger SM, Stevenson WG, Guyton RA, Tarkington LG, Halperin JL, Yancy CW; 2011 Writing Group Members; 2006 Writing Committee Members; ACCF/AHA Task Force Members. 2011 ACCF/AHA/HRS focused update on the management of patients with atrial fibrillation (updating the 2006 guideline): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *Circulation*. 2011;123:104–123. doi: 10.1161/CIR.0b013e3181fa3cf4.
9. Fuster V, Rydén LE, Cannom DS, Crijns HJ, Curtis AB, Ellenbogen KA, Halperin JL, Le Heuzey JY, Kay GN, Lowe JE, Olsson SB, Prystowsky EN, Tamargo JL, Wann S, Smith SC Jr, Jacobs AK, Adams CD, Anderson JL, Antman EM, Halperin JL, Hunt SA, Nishimura R, Ornato JP, Page RL, Riegel B, Priori SG, Blanc JJ, Budaj A, Camm AJ, Dean V, Deckers JW, Despres C, Dickstein K, Lekakis J, McGregor K, Metra M, Morais J, Osterspey A, Tamargo JL, Zamorano JL; American College of Cardiology/American Heart Association Task Force on Practice Guidelines; European Society of Cardiology Committee for Practice Guidelines; European Heart Rhythm Association; Heart Rhythm Society. ACC/AHA/ESC 2006 Guidelines for the Management of Patients with Atrial Fibrillation: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the European Society of Cardiology Committee for Practice Guidelines (Writing Committee to Revise the

- 2001 Guidelines for the Management of Patients With Atrial Fibrillation): developed in collaboration with the European Heart Rhythm Association and the Heart Rhythm Society. *Circulation*. 2006;114:e257–e354. doi: 10.1161/CIRCULATIONAHA.106.177292.
10. Kirchhof P, Benussi S, Kotecha D, Ahlsson A, Atar D, Casadei B, Castella M, Diener HC, Heidbuchel H, Hendriks J, Hindricks G, Manolis AS, Oldgren J, Popescu BA, Schotten U, Van Putte B, Vardas P. 2016 ESC guidelines for the management of atrial fibrillation developed in collaboration with EACTS: The task force for the management of atrial fibrillation of the European Society of Cardiology (ESC) developed with the special contribution of the European Heart Rhythm Association (EHRA) endorsed by the European Stroke Organisation (ESO). *Eur Heart J*. 2016. doi: 10.1093/eurheartj/ehw210.
 11. Ruff CT, Giugliano RP, Antman EM, Crugnale SE, Bocanegra T, Mercuri M, Hanyok J, Patel I, Shi M, Salazar D, McCabe CH, Braunwald E. Evaluation of the novel factor Xa inhibitor edoxaban compared with warfarin in patients with atrial fibrillation: design and rationale for the Effective aNticoagulation with factor xA next GEneration in Atrial Fibrillation-Thrombolysis In Myocardial Infarction study 48 (ENGAGE AF-TIMI 48). *Am Heart J*. 2010;160:635–641. doi: 10.1016/j.ahj.2010.06.042.
 12. Giugliano RP, Ruff CT, Braunwald E, Murphy SA, Wiviott SD, Halperin JL, Waldo AL, Ezekowitz MD, Weitz JI, Špinar J, Ruzyllo W, Ruda M, Koretsune Y, Betcher J, Shi M, Grip LT, Patel SP, Patel I, Hanyok JJ, Mercuri M, Antman EM; ENGAGE AF-TIMI 48 Investigators. Edoxaban versus warfarin in patients with atrial fibrillation. *N Engl J Med*. 2013;369:2093–2104. doi: 10.1056/NEJMoa1310907.
 13. Schulman S, Kearon C; Subcommittee on Control of Anticoagulation of the Scientific and Standardization Committee of the International Society on Thrombosis and Haemostasis. Definition of major bleeding in clinical investigations of antihemostatic medicinal products in non-surgical patients. *J Thromb Haemost*. 2005;3:692–694. doi: 10.1111/j.1538-7836.2005.01204.x.
 14. Kannel WB, Abbott RD, Savage DD, McNamara PM. Coronary heart disease and atrial fibrillation: the Framingham Study. *Am Heart J*. 1983;106:389–396.
 15. Petersen P, Godtfredsen J. Embolic complications in paroxysmal atrial fibrillation. *Stroke*. 1986;17:622–626.
 16. Shimomura K, Ohe T, Uehara S, Matsuhisa M, Kamakura S, Sato I. Significance of atrial fibrillation as a precursor of embolism. *Am J Cardiol*. 1989;63:1405–1407.
 17. Hart RG, Pearce LA, Rothbart RM, McNulty JH, Asinger RW, Halperin JL. Stroke with intermittent atrial fibrillation: incidence and predictors during aspirin therapy. Stroke Prevention in Atrial Fibrillation Investigators. *J Am Coll Cardiol*. 2000;35:183–187.
 18. Lip GY, Frison L, Grind M; SPORTIF Investigators. Stroke event rates in anticoagulated patients with paroxysmal atrial fibrillation. *J Intern Med*. 2008;264:50–61. doi: 10.1111/j.1365-2796.2007.01909.x.
 19. Al-Khatib SM, Thomas L, Wallentin L, Lopes RD, Gersh B, Garcia D, Ezekowitz J, Alings M, Yang H, Alexander JH, Flaker G, Hanna M, Granger CB. Outcomes of apixaban vs. warfarin by type and duration of atrial fibrillation: results from the ARISTOTLE trial. *Eur Heart J*. 2013;34:2464–2471. doi: 10.1093/eurheartj/ehs135.
 20. Steinberg BA, Hellkamp AS, Lokhnygina Y, Patel MR, Breithardt G, Hankey GJ, Becker RC, Singer DE, Halperin JL, Hacke W, Nessel CC, Berkowitz SD, Mahaffey KW, Fox KA, Califf RM, Piccini JP; ROCKET-AF Steering Committee and Investigators. Higher risk of death and stroke in patients with persistent vs. paroxysmal atrial fibrillation: results from the ROCKET-AF Trial. *Eur Heart J*. 2015;36:288–296. doi: 10.1093/eurheartj/ehu359.
 21. Vanassche T, Lauw MN, Eikelboom JW, Healey JS, Hart RG, Alings M, Avezum A, Díaz R, Hohnloser SH, Lewis BS, Shestakovska O, Wang J, Connolly SJ. Risk of ischaemic stroke according to pattern of atrial fibrillation: analysis of 6563 aspirin-treated patients in ACTIVE-A and AVERROES. *Eur Heart J*. 2015;36:281–287a. doi: 10.1093/eurheartj/ehu307.
 22. Flaker G, Ezekowitz M, Yusuf S, Wallentin L, Noack H, Brueckmann M, Reilly P, Hohnloser SH, Connolly S. Efficacy and safety of dabigatran compared to warfarin in patients with paroxysmal, persistent, and permanent atrial fibrillation: results from the RE-LY (Randomized Evaluation of Long-Term Anticoagulation Therapy) study. *J Am Coll Cardiol*. 2012;59:854–855. doi: 10.1016/j.jacc.2011.10.896.
 23. Charitos EI, Pürerfellner H, Glotzer TV, Ziegler PD. Clinical classifications of atrial fibrillation poorly reflect its temporal persistence: insights from 1,195 patients continuously monitored with implantable devices. *J Am Coll Cardiol*. 2014;63(25 pt A):2840–2848. doi: 10.1016/j.jacc.2014.04.019.

Stroke and Mortality Risk in Patients With Various Patterns of Atrial Fibrillation: Results From the ENGAGE AF-TIMI 48 Trial (Effective Anticoagulation With Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48)

Mark S. Link, Robert P. Giugliano, Christian T. Ruff, Benjamin M. Scirica, Heikke Huikuri, Ali Oto, Andrea E. Crompton, Sabina A. Murphy, Hans Lanz, Michele F. Mercuri, Elliott M. Antman and Eugene Braunwald
on behalf of the ENGAGE AF-TIMI 48 Investigators

Circ Arrhythm Electrophysiol. 2017;10:

doi: 10.1161/CIRCEP.116.004267

Circulation: Arrhythmia and Electrophysiology is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231

Copyright © 2017 American Heart Association, Inc. All rights reserved.

Print ISSN: 1941-3149. Online ISSN: 1941-3084

The online version of this article, along with updated information and services, is located on the World Wide Web at:

<http://circep.ahajournals.org/content/10/1/e004267>

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in *Circulation: Arrhythmia and Electrophysiology* can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the [Permissions and Rights Question and Answer](#) document.

Reprints: Information about reprints can be found online at:
<http://www.lww.com/reprints>

Subscriptions: Information about subscribing to *Circulation: Arrhythmia and Electrophysiology* is online at:
<http://circep.ahajournals.org/subscriptions/>