Acute Effects of Right Ventricular Apical Pacing on Left Ventricular Synchrony and Mechanics

Victoria Delgado, MD; Laurens F. Tops, MD; Serge A. Trines, MD; Katja Zeppenfeld, MD, PhD; Nina Ajmone Marsan, MD; Matteo Bertini, MD; Eduard R. Holman, MD, PhD; Martin J. Schalij, MD, PhD; Jeroen J. Bax, MD, PhD

Background—Chronic right ventricular (RV) apical pacing has a detrimental effect on left ventricular (LV) function. However, the acute effects of RV apical pacing on LV mechanics remain unclear. The purpose of the study was to assess the acute impact of RV apical pacing on global LV function, evaluating LV contraction synchrony and LV shortening and twist, using 2D speckle-tracking strain imaging.

Methods and Results—A group of 25 patients with structural normal hearts referred for electrophysiological study were studied. Two-dimensional echocardiography was performed at baseline and during RV apical pacing at the time of the electrophysiological study. Changes in LV synchrony and mechanics (longitudinal shortening and twist) were assessed using speckle-tracking strain imaging. In addition, 25 controls matched by age, sex, and LV function were studied during sinus rhythm. The group of patients (44±12 years, 10 men) and the group of controls (48±3 years, 8 men) showed comparable LV synchrony, LV longitudinal shortening, and LV twist at baseline. However, during RV apical pacing, a more dyssynchronous LV contraction was observed in the patients (from 21 ms [Q1:10, Q3:53] to 91 ms [Q1:40, Q3:204], \(P<0.001\)) together with an impairment in LV longitudinal shortening (from 18.3±3.5% to 11.8±3.6%, \(P<0.001\)) and in LV twist (from 12.4±3.7° to 9.7±2.6°, \(P<0.001\)).

Conclusions—During RV apical pacing, an acute induction of LV dyssynchrony is observed. In addition, LV longitudinal shortening and LV twist are acutely impaired. (Circ Arrhythmia Electrophysiol. 2009;2:135-145.)

Key Words: mechanics ■ pacing ■ speckle-tracking imaging

Several animal and human studies have demonstrated detrimental effects of right ventricular (RV) apical pacing on cardiac function.1–4 The direct electric stimulation of the RV apex induces an abnormal activation sequence and asynchronous ventricular contraction.3–5 Subsequently, left ventricular (LV) performance is impaired with a decrease in stroke volume and an abnormal LV relaxation.2 In patients with severe LV dysfunction, these effects are more pronounced and permanent RV apical pacing may result in a higher risk of morbidity and mortality at long-term follow-up.6,7 Recently, it has been shown that patients with chronic RV pacing and LV dysfunction also had LV dyssynchrony.8,9 The question that arises from this observation is whether RV pacing induced LV dyssynchrony resulted in LV dysfunction with heart failure, or whether RV pacing resulted in LV dysfunction and heart failure with subsequent development of LV dyssynchrony.

Clinical Perspective see p 145

Importantly, in the majority of the studies that have thus far evaluated the long-term effects of RV apical pacing, the study population comprised patients with structural heart disease, which is a confounding factor that may amplify the detrimental effects of RV pacing on LV function.5,10,11 The exact effects of RV apical pacing on LV function in patients without structural heart disease have not been studied extensively.12 In addition, primarily the long-term effects of RV apical pacing have been studied, and not much information is available on the acute effects of RV pacing on LV function and LV dyssynchrony.12

The recently introduced echocardiographic speckle-tracking analysis enables comprehensive evaluation of LV mechanics (LV synchrony, LV systolic function, and LV twist) by studying LV deformation in 3 directions (radial, longitudinal, and circumferential).13–16 Importantly, this technique may reveal more subtle changes in LV systolic function, as compared with conventional measures such as LV ejection fraction.

Accordingly, the purpose of the present study was to assess the acute impact of RV apical pacing on global LV function in a group of patients without structural heart disease, evaluating LV contraction synchrony and LV global longitu-
dinal shortening and twist, using 2D speckle-tracking strain imaging.

Methods

Study Population

Twenty-five patients, who were referred for an electrophysiological (EP) study for evaluation of supraventricular arrhythmias, were included in the present study. Inclusion criteria were age >18 years, no evidence of structural heart disease by 2D echocardiography, QRS duration on surface ECG <120 ms, and New York Heart Association functional class I.

Study Protocol

In the patient group, echocardiography was performed during sinus rhythm before the EP study and during RV apical pacing at the end of the EP study. During the EP study, a standard diagnostic catheter (6F, Quadripolar, Biosense-Webster) allowing temporary pacing was positioned in the RV apex. Constant RV apical overdrive pacing was performed for 5 minutes. To ensure continuous capture, RV apical pacing was performed with a cycle length of at least 100 ms shorter than the baseline cycle length. After 5 minutes, the echocardiogram was acquired during RV apical pacing. Surface electrocardiograms were recorded during sinus rhythm and RV pacing.

In addition, 25 controls frequency-matched for age, sex, body surface area, and LV systolic function were selected from an echocardiographic database. The control group comprised patients referred for echocardiography with atypical chest pain, palpitations, or syncope without murmur. In particular, only patients with normal LV systolic function without LV dilatation were selected. Furthermore, subjects who were referred for echocardiographic evaluation of known valvular disease, murmur, or heart failure were excluded. Therefore, all subjects (both patients and controls) had normal echocardiograms, without structural heart disease. Patients underwent 2D echocardiography during sinus rhythm and during RV apical pacing (at the EP laboratory), whereas controls were imaged at the echocardiography laboratory during sinus rhythm only. Informed consent to participate was obtained from all subjects.

Echocardiography

A commercially available system was used (Vingmed Vivid 7 or Vivid-I, General Electric-Vingmed), and data were obtained using a 3.5-MHz transducer at a depth of 16 cm in the parasternal (long- and short-axis) views and apical 2- and 4-chamber views. Surface electrocardiograms were recorded during sinus rhythm and RV pacing.

LV Synchrony

To evaluate LV synchrony, mid-ventricular short-axis images at the level of the papillary muscles were selected and 2D speckle-tracking radial strain analysis was performed, as previously described.19 The time from the onset of QRS to the peak strain value was measured for each segment (anteroseptal, anterior, lateral, posterior, inferior, and septal). Subsequently, the difference between the earliest and the latest segments was calculated. LV dysynchrony was defined as a time difference ≥130 ms between the earliest and the latest segments, as previously described.5,15 To compare differences between sinus rhythm and RV apical pacing, LV dysynchrony was normalized to RR interval, as previously described.18

LV Longitudinal Shortening

In addition to conventional measurements of LV systolic function based on 2D echocardiography, LV longitudinal shortening was evaluated. For this purpose, automated function imaging, a method based on 2D speckle-tracking strain imaging, was used.16 The selected views were the apical 2-, 3-, and 4-chamber views. In brief, from an end-systolic frame of each view, 2 basal points at the mitral annulus, and 1 point at the apex, were used as reference points to trace the region of interest spanning the entire myocardial wall. Using a 17-segment model, the peak systolic longitudinal strain for each LV segment was calculated and presented as a “polar map,” with the average value of peak systolic longitudinal strain for each view and the averaged global longitudinal peak systolic strain for the complete LV (Figure 1). Conventionally, longitudinal shortening is presented in negative values.16

LV Twist

The helical disposition of the myocardial fibers determines the characteristic wringing motion of the LV. As previously described, viewed from the LV apex, the apical segments of the LV show a systolic counterclockwise rotation whereas the basal segments of the LV show a clockwise rotation.19 The assessment of LV rotation by 2D speckle-tracking strain imaging requires the acquisition of the LV short-axis at the apical level (the most distal level from the papillary muscles) and at the basal level (the level where the leaflets of the mitral valve are visualized).14 In each short-axis image, the region of interest including the entire myocardial wall is traced at an end-systolic frame and divided into 6 segments. Subsequently, the time-rotation curves are displayed along the cardiac cycle. The counterclockwise rotation is conventionally presented as positive values and the clockwise rotation as negative values.14 The difference between the systolic apical and basal rotation results in LV twist (Figure 2).14

Reproducibility of the assessment of LV rotation was analyzed with repeated measurements by an experienced observer at 2 different time points and by a second experienced observer. Intra- and interobserver agreements for these measurements were evaluated by Bland-Altman analysis. Intraobserver variability was good, with an excellent agreement (mean ±2SD was −0.1 ± 2.2°) between 2 repeated measurements. Similarly, interobserver variability showed an excellent agreement (mean ±2SD was 0.14 ± 3.4°).

Statistical Analysis

All variables were normally distributed (as assessed by Kolmogorov-Smirnov test), unless should be except LV dysynchrony indexed to RR interval. Continuous variables are presented as mean ± SD, which normally distributed, and as median (25th and 75th percentiles: Q1, Q3) when nonnormally distributed. Comparisons between the patients and the matched controls were performed using the unpaired Student t test (for normally distributed variables) and Mann–Whitney U test (for nonnormally distributed variables). Comparisons within
the group of patients during sinus rhythm and RV apical pacing were performed using the paired Student t test (for normally distributed variables) and Wilcoxon signed-ranks test (for nonnormally distributed variables). All statistical analyses were performed with SPSS software (version 16.0, SPSS Inc). All statistical tests were 2-sided, and a probability value <0.05 was considered statistically significant.

The authors had full access to and take full responsibility for the integrity of the data. All authors have read and agree to the manuscript as written.

**Results**

The study protocol could be completed in all 25 patients (mean age, 44±12 years; 10 men/15 women). In 15 patients (60%), atrioventricular nodal reentry tachycardia was demonstrated during the EP study, whereas in the remaining 10 patients, no tachyarrhythmia was documented. In all individuals, echocardiographic image quality was sufficient for quantitative analysis. Echocardiographic data acquisition was performed at a mean frame rate of 84±13 frames/second. By definition, at baseline all the patients and matched controls showed structural normal hearts with synchronous LV systolic contraction as evaluated by 2D speckle-tracking radial strain imaging.

To acquire the echocardiographic data during RV apical pacing, continuous capture was ensured by pacing with a cycle length of at least 100 ms shorter than the baseline cycle length. Mean heart rate was 69±14 bpm at baseline and 106±11 bpm during RV apical pacing (P<0.001). During RV apical pacing, the QRS duration on the surface ECG was significantly longer as compared to baseline (131±18 versus 92±7 ms; P=0.001).

**Effects of RV Apical Pacing on LV Dimensions and Volumes**

Baseline LV dimensions and volumes were comparable between the patients and the matched controls (Table 1). During RV apical pacing, a significant decrease in LV end-diastolic diameter and volume were observed in the patients, whereas LV end-systolic diameter and volume did not change (Table 2). Consequently, LV ejection fraction decreased significantly from 56±8% to 48±9% (P=0.001).
Effect of RV Apical Pacing on LV Mechanics

LV Synchrony

With the use of 2D speckle-tracking radial strain, LV synchrony was assessed in the study population. Median time difference between the earliest and latest segments (corrected by RR interval) was similar in the patient group and the matched controls at baseline (Table 1). In contrast, during RV apical pacing, the time difference between the earliest and the latest segments increased significantly from 21 ms (Q1: 10, Q3: 53) to 91 ms (Q1: 40, Q3: 204) (P<0.001). In 9 (36%) patients, a time difference >130 ms between the earliest and the latest activated segments was present during RV apical pacing, indicating the presence of LV dyssynchrony. An example of a patient with LV dyssynchrony during RV pacing is shown in Figure 3.

LV Longitudinal Shortening

At baseline, the LV longitudinal shortening assessed by automated function imaging was comparable between patients and matched controls. Mean peak systolic global longitudinal strain was −18.3±3.5% in the patients and −18.5±4.1% in the matched controls (P=0.947). However, the LV global longitudinal strain value decreased significantly during RV apical pacing from −18.3±3.5% to −11.8±3.6% (P<0.001). Representative examples of LV longitudinal shortening during sinus rhythm and RV pacing are shown in Figure 4.
At baseline, no significant differences in LV rotation and twist between the patients and matched controls were observed (Table 1). However, during RV apical pacing, LV rotation showed significant changes. Whereas the LV apex showed a slight decrease in rotation (from 7.1° to 3.6°, P=0.001), the base of the LV showed a significant decrease in rotation (from 12.4° to 9.7°, P=0.001). An example of a patient with a significant decrease in LV twist during RV pacing is shown in Figure 5.

**Discussion**

The present study provides more insight into the acute effects of RV apical pacing on cardiac mechanics in patients with structural normal hearts. Right ventricular apical pacing acutely induced dysynchronous LV contraction associated with impairment in LV longitudinal systolic function. Furthermore, a deleterious effect on the characteristic torsional deformation of the LV during systole was noted.

**Changes in LV Dimensions Induced by RV Apical Pacing**

The baseline LV dimensions observed in the present study were comparable in patients and controls. However, during RV apical pacing a decrease in LV end-diastolic diameter and volume was observed, whereas the LV end-systolic dimensions remained unchanged. Consequently, LV ejection fraction showed a significant impairment during RV pacing.

In general, information on the acute effects of RV apical pacing on LV dimensions and volumes in patients with preserved LV function is scarce. Recently, Liu et al. studied the acute effects of RV apical pacing on LV function in a group of 35 patients with sinus sick syndrome using real-time 3D echocardiography. During RV apical pacing, patients showed a decrease in LV end-diastolic volume (from 79±22 to 76±20 mL, P=0.07) and in LV ejection fraction (from 57±8% to 54±8%, P=0.01). In addition, in a group of patients with preserved LV ejection fraction studied by Lieberman et al., RV apical pacing induced a moderate decrease in LV ejection fraction (from 51±12% to 48±14%, P=NS), whereas the LV dimensions remained unchanged.

Several factors may contribute to the decrease in LV end-diastolic dimension and volume and LV ejection fraction during RV apical pacing. Normal LV diastolic filling may be impaired by the loss of normal atrioventricular conduction and subsequent decrease in left atrial contribution to diastolic filling. In addition, the earlier activation of the RV may...
Figure 3. Changes in LV synchrony during RV apical pacing. LV dyssynchrony was measured using 2D speckle-tracking radial strain applied to midventricular short-axis images. A synchronous contraction was observed in sinus rhythm (A). During RV apical pacing, the time delay between the earliest and latest segments increased significantly, showing a more dyssynchronous LV contraction (B).
hamper LV filling that is accomplished by the shared inter-
ventricular septum.20–22 Both mechanisms may result in a
decrease in LV preload during RV apical pacing and, accord-
ing to the Frank-Starling law, result in a lower LV stroke
volume.

Changes in LV Synchrony During RV Apical Pacing
In the present study, the synchronicity of the LV was
evaluated by 2D speckle-tracking radial strain imaging,
measuring the time difference between the earliest and the
latest activated segments.5,15 Using this technique, synchro-

Figure 4. Changes in LV longitudinal shortening during RV apical pacing. This figure shows the changes in global longitudinal peak systolic strain (GLPSS) in the same patient as in Figure 2. The LV longitudinal shortening was assessed on standard apical views using automated function imaging. Panel A shows the polar map with a normal and homogeneous GLPSS during sinus rhythm. However, during RV apical pacing, a significant decrease in GLPSS was observed (B).
Figure 5. Changes in LV rotation during RV apical pacing. LV rotation was assessed by applying 2D speckle-tracking strain imaging at the LV apex and base. Subsequently, LV twist is derived from the difference between the apical and basal rotations. This figure demonstrates LV rotation and twist in the same patient as in Figures 3 and 4. Panel A shows both apical and basal LV rotations during sinus rhythm. During RV apical pacing (B), a decrease in both apical and basal LV rotations was observed, with a subsequent significant decrease in LV twist.
ous contraction of the LV was observed in both the controls and the patients at baseline. During RV apical pacing, the time difference between the earliest and the latest activated segments increased significantly, reflecting a more dyssynchronous contraction pattern of the LV. In particular, 9 patients (36%) exhibited significant LV dyssynchrony (>130 ms between the earliest and the latest activated segments) during RV pacing.

Several animal and human studies have reported the acute effects of RV apical pacing on LV synchrony. After 1 minute of RV apical pacing, a significant decrease in both parameters was observed. The novel automated function imaging algorithm was used to assess global LV systolic shortening. Similar to the aforementioned studies, a significant decrease in LV longitudinal shortening was observed acutely during RV apical pacing. In addition, the resultant torsional movement of the LV showed a significant decrease during RV apical pacing. A decrease in both apical and basal rotation was observed during RV pacing in the present study. However, this decrease was more pronounced in the LV basal level.

A reduction in LV strain and LV twist has been previously reported in several clinical situations (hypertrophic cardiomyopathy, aortic stenosis and myocardial infarction). However, the effect of RV apical pacing on LV twist has only been studied in animal experiments. Buchalter et al. by using magnetic resonance tagging imaging, demonstrated that the LV torsional movement depended on the sequence of LV depolarization, showing significant reduction in the LV twist during RV apical pacing. Furthermore, Sorger et al. in a tagged magnetic resonance study, observed a dramatic decrease in LV twist during RV apical pacing as compared to atrial pacing (6.1 ± 1.7° versus 11.1 ± 3.5°, P <0.001). The results of the current study are in agreement with these previous studies. Moreover, the present findings illustrate that the decrease in LV twist is simultaneous to the impairment in LV longitudinal shortening. The long-term effects of RV apical pacing on LV strain and twist, however, are still unclear and need further study.

Clinical Implications
Previous studies demonstrated that long-term RV apical pacing may increase the risk of LV dysfunction and heart failure associated with the presence of LV dyssynchrony by 25% to 30%. The precise time course of development of these phenomena (LV dysfunction, heart failure, and LV dyssynchrony) after RV pacing is currently unclear. In the present study, 36% of the patients developed significant LV dyssynchrony acutely during RV apical pacing, as assessed by 2D speckle-tracking strain imaging. In addition, significant impairment in LV systolic function was observed reflected by reduced LV ejection fraction, but also an impaired LV longitudinal shortening and reduced LV twist. Whether this acutely induced LV dyssynchrony is the basis for the
development of heart failure after long-term RV pacing needs further study.

**Study Limitations**

Some limitations need to be addressed. First, short-term effects of RV apical pacing on LV mechanics were assessed in the present study and, to avoid intrinsic ventricular conduction, pacing rate was set to 25% over the normal sinus rhythm, resulting in a high heart rate. These nonphysiological conditions may preclude us to draw conclusions about the long-term effects of chronic RV pacing on LV performance. Second, all patients were considered to have structural normal hearts according to the clinical history, physical examination, and the results of the complementary diagnostic exams performed. Unfortunately, endomyocardial biopsies were not available to confirm the absence of structural heart disease. Finally, additional studies evaluating different pacing sites and longer follow-up are needed to better understand the long-term effects of the acutely induced changes in LV mechanics by RV pacing.

**Conclusions**

In the present study, speckle-tracking analysis applied to conventional 2D echocardiography was used to study the acute effects of RV apical pacing on LV mechanics. RV apical pacing acutely induced a dyssynchronous LV contraction together with a decrease LV longitudinal function. In addition, the characteristic torsional deformation of the LV during systole was impaired acutely by RV apical pacing.

**Sources of Funding**

Drs Delgado and Ajmone Marsan are financially supported by the Research Fellowship of the European Society of Cardiology.

**Disclosures**

Dr Bax receives grants from Biotronik, BMS Medical Imaging, Boston Scientific, Edwards Lifesciences, GE Healthcare, Medtronic, and St Jude Medical. Dr Schalij receives grants from Biotronik, Boston Scientific, and Medtronic.

**References**


**CLINICAL PERSPECTIVE**

Long-term right ventricular (RV) pacing is related to left ventricular (LV) dysfunction, LV dilatation, and development of heart failure symptoms. In addition, the abnormal electric activation sequence during RV pacing may result in LV dyssynchrony. Accordingly, the detrimental effects on LV function and LV dimensions appear to be related to LV dyssynchrony induced by RV pacing. However, it is currently unclear whether LV dyssynchrony is the cause or the consequence of LV dysfunction as observed after chronic RV pacing. In the present study, the acute adverse effects of RV apical pacing on LV performance were assessed by 2D speckle-tracking strain imaging in patients with structurally normal hearts undergoing an electrophysiological examination. During RV apical pacing, 36% of patients acutely developed LV dyssynchrony, with a wall motion delay >130 ms between the earliest and the latest activated segment as assessed by 2D speckle-tracking radial strain. This was associated with an acute decrease in LV ejection fraction, global LV longitudinal shortening, and LV twist. These findings demonstrate that both LV dysfunction and LV dyssynchrony occur acutely during RV pacing in a subset of patients. However, it remains to be determined whether the acutely induced LV dyssynchrony and LV dysfunction during RV apical pacing is the basis for the future development of heart failure. If so, then demonstration of acute induction of LV dyssynchrony and LV dysfunction during RV pacing could be useful to predict the future development of heart failure after chronic RV pacing.
Acute Effects of Right Ventricular Apical Pacing on Left Ventricular Synchrony and Mechanics

Victoria Delgado, Laurens F. Tops, Serge A. Trines, Katja Zeppenfeld, Nina Ajmone Marsan, Matteo Bertini, Eduard R. Holman, Martin J. Schalij and Jeroen J. Bax

_Circ Arrhythm Electrophysiol._ 2009;2:135-145; originally published online February 18, 2009; doi: 10.1161/CIRCEP.108.814608

_Circulation: Arrhythmia and Electrophysiology_ is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2009 American Heart Association, Inc. All rights reserved.
Print ISSN: 1941-3149. Online ISSN: 1941-3084

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circep.ahajournals.org/content/2/2/135

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in _Circulation: Arrhythmia and Electrophysiology_ can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to _Circulation: Arrhythmia and Electrophysiology_ is online at:
http://circep.ahajournals.org/subscriptions/