Sex Differences in the Electrophysiological Characteristics of Pulmonary Veins and Left Atrium and Their Clinical Implication in Atrial Fibrillation

Wen-Chin Tsai, MD; Yao-Chang Chen, MSc; Yung-Kuo Lin, MD; Shih-Ann Chen, MD; Yi-Jen Chen, MD, PhD

Background—Sex and the autonomic nervous system play critical roles in the pathophysiology of atrial fibrillation (AF). Sex differences in electrophysiological characteristics of the pulmonary veins (PVs, AF initiator) and left atrium (LA, AF substrate) are not clear.

Methods and Results—Conventional microelectrodes were used to record the action potential in isolated PV and LA tissue preparations from male and female (age, 8–10 months) rabbits before and after drug administration (adenosine, acetylcholine, and isoproterenol). Male PVs (n = 7) had a higher spontaneous beating rate (1.7±0.2 versus 1.2±0.1 Hz, P = 0.021) and incidence of burst firing (72% versus 11%, P = 0.038) than female PVs (n = 9). Male PVs without spontaneous activity (n = 10) and the LA (n = 11) had longer action potential durations than female PVs (n = 9) and LA (n = 9). Additionally, male PVs had a more-positive resting membrane potential (79±3 versus 84±2 mV, P = 0.022). Isoproterenol (3 μmol/L) increased the delayed afterdepolarizations to a greater extent in male than in female PVs. In PVs without spontaneous activity or LA, isoproterenol (0.1 and 3 μmol/L) consistently shortened the action potential durations in females but not in males. Acetylcholine (5.5 μmol/L) decreased the spontaneous activity of PVs and shortened the action potential durations in both groups. Adenosine (10 μmol/L) also similarly decreased the spontaneous activity of PVs and delayed afterdepolarizations in both groups.

Conclusions—There are significant sex differences in PV and LA action potential characteristics in rabbits. The higher amplitude of delayed afterdepolarizations after isoproterenol superfusion in male PVs may contribute to sex-related arrhythmogenesis. (Circ Arrhythm Electrophysiol. 2011;4:550-559.)

Key Words: atrial fibrillation ■ sex ■ pulmonary veins ■ left atrium

Atrial fibrillation (AF), the most common cardiac arrhythmia seen in clinical practice, induces cardiac dysfunction and stroke.1,2 Sex differences were shown to play important roles in the pathogenesis of AF.3 In the Framingham study, the prevalence of AF was significantly greater in men than in women. In addition, a large sex difference was found in a more recent survey.4 However, the mechanisms underlying the lower incidence of AF in females are not clear.

Clinical Perspective on p 559

Pulmonary veins (PVs) are important AF initiators, and the left atrium (LA) is the main AF substrate for reentry.5,6 PVs contain a mixture of pacemaker cells and working myocardi um and were suggested to be a subsidiary pacemaker that can induce atrial arrhythmias.7–10 Also, animal and human studies showed that activity during AF is more rapid in the LA than in the right atrium.11–13 Those studies suggested that high-frequency sources in the LA act as triggers and/or drivers for some types of AF. A previous study indicated a different probability of PV-related and non–PV-related paroxysmal AFs between males and females, which suggested that sex differences may have electrophysiological effects that result in different AF incidences.14,15 Female ventricular myocytes have longer action potential (AP) durations (APDs) caused by differences in K+ channels and L-type calcium currents.16–19 However, sex differences in the LA and PV electrophysiology have not been elucidated. The autonomic nervous system plays a critical role in the pathophysiology of AF.20–22 Isoproterenol was shown to enhance PVs by increasing automaticity and triggering activity.23,24 Acetylcholine-mediated premature atrial beats can also trigger reentrant excitation and AF.25,26 Moreover, adenosine can induce APD shorting, premature atrial beats, or AF.27–29 Adenosine can also transiently restore conduction through a previously
isolated PV, which can reduce AF recurrence after PV isolation.\textsuperscript{30,31} In addition, adenosine increased atrial dominant frequency, and mathematical modeling suggested an effect to increase reentrant drivers.\textsuperscript{32} Because sex differences are associated with different autonomic nervous activities, it is possible that there are sex-related differences in the responses to autonomic nervous agents, resulting in different AF genesis. Therefore, the purposes of the present study were to evaluate sex differences in the electrophysiology of PVs and the LA and to investigate the effects of autonomic agents and adenosine on the sexes.

**Methods**

**Rabbit PVs and LA Appendage Preparations**

This investigation conformed to the institutional *Guide for the Care and Use of Laboratory Animals*. Male and female rabbits (age, 8–10 months; weight, 3.0–4.0 kg) were anesthetized with an intraperitoneal injection of sodium pentobarbital (40 mg/kg). A midline thoracotomy was performed, and the heart and lungs were removed. For dissection of the PVs and LA, the LA was opened by an incision along the mitral valve annulus extending from the coronary sinus to the septum in Tyrode solution with a composition (in mmol) of 137 NaCl, 4 KCl, 15 NaHCO\(_3\), 0.5 NaH\(_2\)PO\(_4\), 0.5 MgCl\(_2\), 2.7 CaCl\(_2\), and 11 dextrose. The PVs were separated from the atrium at the LA-PV junction and separated from the lungs at the ending of the PV myocardial sleeves. The prepared veins were about 10 mm long and 5 mm wide. One end of the preparation, consisting of the PVs, LA-PV junction, and atrial tissue (within 1 mm in length), was pinned with needles to the bottom of a tissue bath. The other end (the distal PV) was connected to a Grass FT03C force transducer with silk thread. The adventitia or epicardial side of the preparations faced upward. Tissue strips (\(\approx 10\times 5\times 0.5\) mm) from the LA were then dissected and prepared the same as were the PVs. The tissue was superfused at a constant rate of 3 mL/min with Tyrode solution, which was saturated with a 97% O\(_2\) and 3% CO\(_2\) gas mixture. The temperature remained constant at 37°C, and the preparations were allowed to equilibrate for 1 hour before the electrophysiological study.

**Electrophysiological and Pharmacological Studies**

Transmembrane APs of the PVs and LA were recorded by means of machine-pulled glass capillary microelectrodes filled with 3 mol/L KCl, and tissue preparations were connected to a WPI model FD223 electrometer under a tension of 150 mg. Thus, the proarrhythmia allowed to equilibrate for 1 hour before the electrophysiological study.

**Statistical Methods**

All continuous variables are expressed as the mean±SEM. Baseline male and female electrophysiological characteristics were compared by Mann-Whitney rank-sum test or unpaired t test, depending on the outcome of normality test. Two-way repeated-measures ANOVA followed by Bonferroni analysis was used to compare the differences before and after drug administration and to compare interactions of different agents.

**Table. Baseline Electrophysiologic Characteristics of Pulmonary Veins and Left Atrium in Male and Female Rabbits**

<table>
<thead>
<tr>
<th>Electrophysiologic Property</th>
<th>Pulmonary Veins</th>
<th></th>
<th>Left Atrium</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Male (n=10)</td>
<td>Female (n=9)</td>
<td>Male (n=11)</td>
<td>Female (n=9)</td>
</tr>
<tr>
<td><strong>RMP, mV</strong></td>
<td>78.9±2.6</td>
<td>83.9±2.2</td>
<td>76.3±2.1</td>
<td>75.9±1.7</td>
</tr>
<tr>
<td><strong>APA, mV</strong></td>
<td>104.9±1.2</td>
<td>100.3±2.5</td>
<td>92.0±0.8</td>
<td>95.0±1.9</td>
</tr>
<tr>
<td><strong>APD(_{90}), ms</strong></td>
<td>104.2±5.9</td>
<td>86.6±4.6*</td>
<td>82.0±1.1</td>
<td>71.9±6.6*</td>
</tr>
<tr>
<td><strong>APD(_{50}), ms</strong></td>
<td>36.7±4.9</td>
<td>33.2±4.5</td>
<td>20.0±1.7</td>
<td>15.6±1.7*</td>
</tr>
<tr>
<td><strong>APD(_{20}), ms</strong></td>
<td>8.4±1.5</td>
<td>7.7±1.2</td>
<td>7.2±0.4</td>
<td>5.4±0.4*</td>
</tr>
</tbody>
</table>

RMP indicates resting membrane potential; APA, action potential amplitude; APD\(_{90}\), APD\(_{50}\), and APD\(_{20}\) 90%, 50%, and 90%, respectively, of the action potential duration.

*\(P<0.05\) versus respective male pulmonary veins or left atrium.
sex and dose. Nominal variables were compared by a $\chi^2$ analysis with Yates correction or Fisher exact test. $P<0.05$ was considered significant.

Results

Electrophysiological Characteristics of Male and Female PVs and LA

Seven of 11 (63%) male rabbits and 9 of 14 (64%) female rabbits ($P=0.999$) had spontaneous PV activity. Female PVs had significantly slower beating rates ($1.2\pm0.1$ versus $1.7\pm0.2$ Hz, $P=0.021$) than male PVs (Figure 1A). As in the example shown in Figure 1A, male PVs with spontaneous activity had a significantly higher incidence (72%, 4.0±0.4 Hz versus 11%, 2.1 Hz, $P=0.038$) of burst firing than did female PVs with spontaneous activity. However, DADs of male and female PVs had similar incidences (42% versus 34%, $P=0.71$) and amplitudes (1.6±0.2 versus 1.5±0.3 mV, $P=0.73$) (Figure 1B).

In PVs without spontaneous activity, male PVs had a significantly greater depolarized RMP and a longer APD$_{90}$.
than those of female PVs. The male LA also had significantly longer APD\textsubscript{90}, APD\textsubscript{50}, and APD\textsubscript{20} than the female LA. However, the male and female LA had similar APAs and RMPs (Table and Figure 1C).

**Effects of Isoproterenol on Male and Female PVs and LA**

In PVs with spontaneous activity, isoproterenol (0.1 and 3 \textmu mol/L) concentration-dependently increased the spontaneous rates in male and female PVs (Figure 2A). Isoproterenol (0.1 and 3 \textmu mol/L) induced the occurrence of sustained accelerated spontaneous PV activity to a similar extent between male (72% and 100%) and female PVs (67% and 89%, \textit{P}=0.65, Figure 2B). Isoproterenol (0.1 and 3 \textmu mol/L) had a tendency to increase the incidence of DADs from 33% to 67% and 89% in male PVs (n=9, \textit{P}=0.053) and from 33% to 50% and 75% in female PVs (n=12, \textit{P}=0.101). However, isoproterenol at a concentration of 3 \textmu mol/L exhibited a significantly higher amplitude of DADs in male PVs than in female PVs (4.3\pm0.3 versus 2.2\pm0.1 mV, \textit{P}<0.001, Figure 2C). After isoproterenol was washed out, the PV automatic activity completely returned to the frequency before drug administration.

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**Figure 3.** Effects of isoproterenol on male and female left atrium (LA) and pulmonary veins (PVs) without spontaneous activity. Superimposed tracings show the effects of different concentrations of isoproterenol on action potential (AP) configurations. **Upper panel,** progressive lengthening of the AP duration caused by isoproterenol in male PVs and LA; **middle panel,** progressive shortening of the AP duration caused by isoproterenol in male PVs and LA. **Lower panel,** progressive shortening of the AP duration caused by isoproterenol in female PV and LA. Changes in the AP parameters after isoproterenol (0.1 and 3 \textmu mol/L) administration in the male and female PV and LA were measured during a 2-Hz electric stimulus. *\textit{P}<0.05, **\textit{P}<0.01, ***\textit{P}<0.005.
In female PVs without spontaneous activity, isoproterenol (0.1 and 3 μmol/L) consistently increased the APA, and isoproterenol (3 μmol/L) also depolarized the RMP and shortened the APD90 (Figure 3). In contrast, isoproterenol (0.1 and 3 μmol/L) shortened the APD90 in 5 (56%) of 9 male PVs but prolonged the APD90 in the other 4 male PVs (Figure 3). The average data show that isoproterenol (3 μmol/L) hyperpolarized the RMP and increased the APA in male PVs.

In the female LA, isoproterenol (0.1 and 3 μmol/L) consistently increased the APA and shortened APD90, and isoproterenol (3 μmol/L) also depolarized the RMP (Figure 3). Similar to that in PVs without spontaneous activity, isoproterenol (0.1 and 3 μmol/L) shortened the APD90 in 5 (50%) of 10 male LAs but prolonged the APD90 in the other 4 male LAs (Figure 3). The average data showed that isoproterenol (0.1 and 3 μmol/L) hyperpolarized the RMP and increased the APA in male LAs.

Effects of Adenosine on Male and Female PVs and LA
In PVs with spontaneous activity, adenosine (10 μmol/L) significantly decreased the spontaneous rates in male and female PVs (Figure 4A). Adenosine (10 μmol/L) decreased the frequency of burst firing in male and female PVs. A. Tracings and average data of adenosine (10 μmol/L) on male (n=7) and female (n=9) PVs with spontaneous activity. B. Adenosine (10 μmol/L) decreased the frequency of burst firing in male and female PVs. C. Examples of decreased amplitude of delayed afterdepolarizations in both male and female PVs after adenosine (10 μmol/L) administration. *P<0.05 versus before adenosine administration in male PVs. #P<0.05 versus before adenosine administration in female PVs.

In PVs without spontaneous activity, adenosine (10 μmol/L) significantly hyperpolarized the RMP and increased the APA in female PVs but not in male PVs (Figure 5). Compared with the male LA, adenosine (10 μmol/L) shortened the APD90 and APD50 to greater extents in the female LA (Figure 5).

Effects of Acetylcholine on Male and Female PVs and LA
In PVs with spontaneous activity, acetylcholine (5.5 μmol/L) significantly decreased the spontaneous rates in male and female PVs (Figure 6A). Acetylcholine (5.5 μmol/L) had a tendency to decrease the incidence of burst firing in male (n=7) PVs (72% versus 14%, P=0.105) but not in female (n=9) PVs (11% versus 11%). Acetylcholine (5.5 μmol/L) suppressed the burst firing rates in male PVs from 4.0±0.5 to 2.3±0.5 Hz (P=0.007) and in 1 female PV from 2.1 to 1.7 Hz. In addition, acetylcholine (5.5 μmol/L) completely suppressed PV spontaneous activity in 50% of male PVs and in 72% of female PVs (Figure 6B and 6C). The...
spontaneous activity was not reversible after washing out the acetylcholine.

In PVs without spontaneous activity, acetylcholine (5.5 μmol/L) significantly hyperpolarized the RMP and shortened the APD₉₀, APD₅₀, and APD₂₀ in both male and female PVs and LA to similar extents (Figure 7), which were different from the effects of adenosine on male LA. However, acetylcholine (5.5 μmol/L) significantly increased the APA in the female LA but not in the male LA (Figure 7).

Discussion

Sex has significant associations with cardiac electrophysiology and the genesis of AF. In the present study, for the first time, to our knowledge, we demonstrated that there are sex-related differences in PV and LA electric characteristics. The faster spontaneous activity and higher incidence of burst firing and less-negative RMP in male PVs may facilitate the genesis of triggered activity and automaticity. These findings in rabbits implied that higher male PV arrhythmogenesis may contribute at least partially to the higher incidence of AF in males. Moreover, it was shown that women have higher sinoatrial node activity before and after autonomic blockade. In the present study, we demonstrated that male PVs had a faster spontaneous rate than female PVs. Because PVs must compete with the sinoatrial node to induce atrial arrhythmia, the slower PV beating rates and faster sinoatrial
node activity in females may contribute to lower arrhythmogenesis from the PV and AF. To the best of our knowledge, there were limited data related to the electrophysiological differences of PVs and LA between the sexes. In the female, there are dynamic changes in QT intervals and torsade de pointes risks during the menstrual cycle and pregnancy, which may be related with serum ovarian steroids. Therefore, menstrual phase–dependent differences of PV and LA electrophysiology in female animals may provide a clue to elucidate molecular mechanisms.

In the present study, similar to previous observations, isoproterenol triggered and increased the male and female spontaneous PV activity, which suggests the importance of β2-adrenergic stimulation in PV arrhythmogenic activity. Compared with female PVs, isoproterenol (3 μmol/L) increased the amplitude of DADs to a greater extent in male PVs. These findings may result in higher PV arrhythmia during enhanced sympathetic activity. In addition, in contrast to the consistent shortening of APDs by isoproterenol in female PVs and LA, isoproterenol might prolong or shorten the APDs in male PVs and LA. However, such inconsistency of adrenergic modification of APDs among male PVs and LA cannot directly account for vulnerability to reentry. Experimental data of spatial dispersion and/or temporal alteration of APDs or effective refractory period may be required. Moreover, previous studies have found important species and chamber differences in the APDs responses to isoproterenol.

In humans, isoproterenol (50 nmol/L) induces the genesis DADs and prolongs the APDs in human atrial myocytes. Because adrenergic stimulation is important in the genesis of AF, the greater amplitude of isoproterenol-induced DADs in male rabbit PVs may significantly contribute to sex differences on arrhythmogenesis.

It is well known that vagal nerve stimulation and an acetylcholine infusion can result in significant changes to the cardiac electrophysiology. In the current study, similar to a previous study on canine PVs, acetylcholine decreased the spontaneous activity and burst firing in both male and female PVs. However, acetylcholine shortened the APDs of PVs and LA in males and females to similar extents, which may facilitate induction of AF.

In the present study, we found that adenosine decreased the spontaneous activity in both male and female PVs. These effects may be caused by the known antiadrenergic effect of adenosine by cAMP-dependent inhibition of ICa,L. Adenosine and acetylcholine are known to activate the same Kir3.x subfamily of inward rectifier potassium channels through different signaling pathways. By increasing K+ conductance in the atrium, both acetylcholine and adenosine hyperpolarize the cell membrane, abbreviate the APDs, and inhibit spontaneous pacemaker discharge, as
well as EADs and DADs. In our study, both adenosine and acetylcholine had similar responses to RMP, APDs, and DADs, but adenosine could shorten the APDs in the female LA but not in the male LA. A previous study pointed out that women expressed higher levels of the functional cardiac $K^+$-ATP channel than men, which implies a different composition of the $K^+$ channel between sexes.

**Conclusion**

There are significant sex differences in PV and LA AP characteristics in rabbits. The higher amplitude of isoproterenol-induced DADs in male PVs may contribute to sex-related arrhythmogenesis.

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Disclosures
None.

References


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**CLINICAL PERSPECTIVE**

Atrial fibrillation, the most common cardiac arrhythmia seen in clinical practice, induces cardiac dysfunction and stroke. Sex differences, autonomic nervous system, pulmonary veins (PVs), and the left atrium (LA) play important roles in the pathophysiology of atrial fibrillation. In the present study, we evaluated the electrophysiological characteristics of the LA and PVs in male and female rabbits and studied their responses to autonomic nervous agents. Compared with those in female rabbits, we found a faster spontaneous activity and a higher incidence of burst firing in male PVs and longer action potential durations in male LA and PVs. In addition, isoproterenol induced larger amplitudes of delayed afterdepolarizations in male PVs. However, acetylcholine and adenosine similarly decreased the spontaneous activity and delayed afterdepolarizations in male and female PVs. These findings indicate significant sex differences in rabbit PV and LA electrophysiological characteristics. The different effects of β-adrenergic stimulation on male and female PVs may contribute to sex-related arrhythmogenesis.
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