Correspondence

Early Repolarization and Sudden Cardiac Death Due to an Acute Coronary Event

Tikkanen et al propose a significant and independent association between inferior/lateral ECG early repolarization (ER) patterns and sudden cardiac death (SCD) during an acute coronary event—an observation mainly based on the inclusion of ER pattern in multivariate predictive models for the occurrence of SCD, even after adjustment for several variables with usual prognostic value.

Recent/new investigation has claimed a role for ER in the pathogenesis of idiopathic ventricular fibrillation or cardiac death in the community-based general population and in patients with ischemic or nonischemic chronic heart failure. ER (in particular, notching in the inferior leads) has also been shown to increase the risk of life-threatening ventricular arrhythmias in patients with coronary artery disease, even after adjustment for left ventricular ejection fraction.

Now, Tikkanen et al add invaluable data to their already renowned contribution to this topic. However, their findings justify a few considerations:

- Significant differences were found between cases and controls, suggesting potential biases. In fact, control patients were more often medicated with statins, β-blockers, and angiotensin-converting enzyme inhibitors/angiotensin II receptor antagonists, which are known to reverse remodeling processes and reduce mortality and SCD. Also, it is likely that antithrombotic therapies and revascularization procedures reduced overall mortality in the control group. A reliable comparison would only be possible if the control group had not been treated during the acute event (ie, without hospital care).

- Some studies have suggested that fragmented QRSs and ER patterns may actually represent delayed depolarization of those segments with heterogeneous scar tissue, irrespective of its cause.

- Remote myocardial scarring constitutes a potential anatomic and functional substrate for reentrant ventricular arrhythmias and thus may associate with a poorer prognosis. Although prior myocardial infarction was more common in the control group, the extent of myocardial fibrosis and overall left ventricular function are unknown and Q waves were similarly prevalent between groups. Accordingly, contrary to the authors’ statement, peri-infarction block caused by inhomogeneous remote scar tissue and translated as inferior ER pattern may still occur.

- Information on the prevalence of ER patterns in anterior precordial leads is not provided. As this particular pattern is still considered a mostly benign one (not refuted by any study to date, to our knowledge), a potential (coincidental?) association between its isolated occurrence and SCD would challenge the main findings of this study.

- Assuming that ER pattern may also represent transmural dispersion of repolarization, it could be additive to the electrophysiological mechanisms potentially involved in the highly arrhythmogenic early ST-segment elevation myocardial infarction period, potentiating the risk for phase 2 reentry and polymorphic ventricular tachycardia/ventricular fibrillation. This could explain a potentially higher risk of SCD in patients with ER patterns and acute ischemia. However, the authors did not explain why the presence of ST-segment elevation removed any potential malignant role of ER pattern in inferior/lateral leads. Is the malignant nature of ER dependent on the absence of an ST-segment elevation?

- The authors could provide the coefficient of determination $R^2$ and the area under the curve for the prediction of SCD of their multivariate predictive models so that readers would know how well future outcomes might be predicted and the potential gain in discriminative performance with the addition of variable ER pattern.

In conclusion, ER in inferior/lateral leads may increase vulnerability to fatal arrhythmias during acute coronary events. Further studies are necessary to confirm this concept and before more aggressive primary prevention strategies are recommended.

Disclosures

None.

Sérgio Barra, MD
Rui Providência, MSc
Luis Paiva, MSc
Cardiology Department
Coimbra Hospital and University Centre
Coimbra, Portugal

References

Early Repolarization and Sudden Cardiac Death Due to an Acute Coronary Event
Sérgio Barra, Rui Providência and Luís Paiva

Circ Arrhythm Electrophysiol. 2012;5:e116
do: 10.1161/CIRCEP.112.977926
Circulation: Arrhythmia and Electrophysiology is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2012 American Heart Association, Inc. All rights reserved.
Print ISSN: 1941-3149. Online ISSN: 1941-3084

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circep.ahajournals.org/content/5/6/e116

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in Circulation: Arrhythmia and Electrophysiology can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to Circulation: Arrhythmia and Electrophysiology is online at:
http://circep.ahajournals.org//subscriptions/